JJCMHS

WINGS

ISSUE NO. 1, 2022

From the Principal



Welcome back to onsite learning!

For those of us who love a good read. I have a recommendation and one that is apt for our current La Niña weather pattern with so much rain; Naill Williams, 'This is Happiness'.

It is set in Faha, a small fictional West Clare, Irish village, which has not changed in hundreds of years. It has one of the shortest first chapters I have ever read; "It had stopped raining".

This is something many of us are hoping for and particularly if you live or have friends of family in the areas impacted by floods.

Continued Page 2

What's on?

8 April – Last day of Term 1

27 April – First day of Term 2

29 April – Year 10 Excursion to the Jewish Holocaust Museum

03 May Year 10 Love Bites Program

Year 12 Hospitality Work Placements

Pursuing Excellence





Sutherland Street, Mascot 2020 PH 02 9669 5118 EMAIL jjcahill-h.school@det.nsw.edu.au WEB www.jjcahill-h.school.nsw.edu.au It was exciting to start the year onsite. Students returned well this year. It was clear that they were glad to be back at school and not working from home.

While it has been great to be back onsite, it has been an exhausting term for school. There have been significant challenges with staffing throughout Term 1, due to the impact of staff testing positive for covid. To add to this the process of finding casual staff to come in to replace staff who were absent was difficult because all other schools had similar increased needs for casual staff.

Year 7 Camp

Unfortunately, and with very little notice due to the floods, the Year 7 camp was postponed earlier this term. We are still looking for another time and perhaps another venue. Kahina Kharitos is the year adviser, and she will be communicating with you about this.

Parents and Citizens

I am very happy to announce that we have a P&C this year and that the official positions for these roles have been filled by parents.

Thank you, parents who attend our meeting and especially the parents who have taken on the formal P&C roles.

The roles are as follows.

Secretary: Mrs Rosemary Reynolds

Treasurer: Ms Rona Hamieh

President: Mr Daniel Girling-Butcher

We meet from 6:30pm to 7:30pm twice per term in weeks 3 and week 7. The meetings for Term 2 will take place on:

Wednesday 11th May

Wednesday 8th June

This meeting will be a mixture between face to face and online. We will offer tea biscuits coffee and tea for parents who come to the school for the meeting.

I will send to Zoom link out closer to the event. The face-to-face meeting takes place in the Staff collaboration space.

All Welcome

Visit From the Class of 72' JJCMHS Alumni

On Saturday 2nd April from 4pm to 5:30pm the school hosted a visit from 41 previous students of JJCMHS.

The alumni graduated from JJCMHS in 1972 and were celebrating their 50th anniversary. It was wonderful to see them and hear them recall their fond memories of their time at JJCMHS. See picture below. They allowed me to be in the shot. Thanks Class of 72'!



The return to school for students is Wednesday 27th May.

Wishing you a safe break and a good time with family.

Thank You

Ralph David, Principal

SOME WORDS FROM THE DEPUTY PRINCIPAL

2022 has been challenging but rewarding thus far!

2022 has begun with a flurry of events, organisation and enthusiasm in school. So much has been done together with our students. I would like to acknowledge the commitment and work of our teachers to lead the learning of our students.

I also want to congratulate those students who continue to drive towards better learning outcomes. Even in these times with such inclement weather and public health concerns they come to school every day to maintain their connections with friends and learning.

We all look forward to seeing you and working with you next term.

See you on the return to school on Wednesday 27 April for all students.

John Mifsud, Deputy Principal

RE-CONNECTED, RE-ENGAGED, AND RE-ENERGISED!

Refreshed after their respite in the tranquil reflection space of JJ's reConnect Room, these four JJ students are ready to re-engage with their learning back in their classrooms.

JJ's students now have a safe and therapeutic space to which they can retreat when it all becomes too much for them in their classrooms. Designed as a buffer zone for students who feel unable to join in with their routine classwork, JJ's reConnect Room allows students to enter a supervised space without the need to be in their allocated classrooms.

The culmination of years of planning, JJ's newly incorporated reConnect Room, and its strengthsbased enrichment program, have been spearheaded by three members of JJ's Student Support Team: Special Education specialist, Marisa Cruz, Musical Maestro, Adrian Lim-Klumpes, and Emotion Coach, Amaia Delaterre (pictured at right).



Marisa, having spent years working with youth in juvenile justice and correctional settings, entered mainstream schools with the goal of helping to prevent students from heading in that direction. Similarly, Amaia, having spent years working with at-risk youth and young adults, decided she wanted to bring her Social Work skills to school, and try to help kids before problems escalated. All three of these dedicated welfare-minded JJ staff share a long-term goal of instituting proactive programs in schools that help prevent issues from deteriorating. The reConnect Room is their first collaboratively developed preventative program at JJ, and they are upbeat about its potential benefits for JJ's students.

Marisa says, 'If a student becomes upset with an issue that arises on the playground, they often don't feel able to face up to going to class. The reConnect room provides them with a judgement-free space to chill



out and relax if they are stressed, and staff who are there for them if, and when, they are ready to talk through any issues."

Importantly, the reConnect Room is not simply a place for students to avoid classroom work. While each student is treated on a case-by-case basis, the ultimate goal of the reConnect space is to have students re-enter their classrooms and re-engage with their work. Before getting on with completing their usual classwork, first-time students to the reConnect Room are encouraged to undertake the reConnect strengths-based program that promotes selfunderstanding, as well as an awareness of some of their core values and personal strengths.

Ultimately, this program empowers students to take ownership of their learning. "Sitting and doing nothing in the reConnect Room is not an option", warns Adrian. "The idea is that we give students the space to get back to their schoolwork, and while this will take a different amount of time for each student, they are being supported to be successful when they return to their classes, ready to learn.

WHAT'S BEEN GOING ON IN HSIE/CAPA?

Harmony Day

At JJ Cahill Memorial High School, we are committed to celebrating inclusiveness, respect and a sense of belonging for all Australians, from the traditional owners of the land to those who have come from many countries around the world.

On March 21 we celebrated the ongoing theme of Harmony Day -'everyone belongs'. Our students participated in a sausage sizzle, our Women's Pacific Islander Dance group performed at Mascot Public School for their 100th anniversary, and our school held a Harmony Day assembly.

We thank Together for Humanity and our guest speaker Jihad Yassine for his powerful words to support our students to learn



and understand how all Australians equally belong to this nation and make our community a better place.

Thank you to students who led and performed during the assembly and to teachers who supported the day.









From the Visual Arts room...

We have had a busy but rewarding start to 2022 in the Visual Arts rooms. Students are exploring a range of media in their classes. Stage 4 are creating ceramic portrait plant holders and enlarged Pop Art Food packaging. Stage 5 are looking at the Art of Social Commentary and an intensive drawing unit.

The preliminary course is looking at a Eurocentric overview of Art History and exploring their understanding of the human anatomy through the theme of 'interior/exterior'. HSC students will continue to develop their Body of Works over the course of the next 3 terms in the Senior Visual Arts Studio - we are incredibly excited to see their ideas ransform into a creative reality!

Stage 6 students will be going on an excursion

with both art teachers to the Art Gallery of New South Wales to visit the ArtExpress exhibition and view the other curated collections. Year 12 students will also have the privilege of going to the MCA with Ms Jessop.

Tuesday Afternoon Art Club

This term, Ms McInnes and Ms Jessop have trialled with Stage 6 Visual Arts students a 'Tuesday Afternoon Art Club'. Our first few weeks have been a big success and we will now offer it to students at JJ Cahill Memorial High School in <u>all year groups starting Week 10</u>.

In the club so far, we have had students working on their own artmaking practice in the forms of ceramics, paintings, mixed media and drawing based on their school assessment tasks. In future, we hope to support students to develop their own artmaking practice in a medium they feel artistically connected to and run workshops in areas of our expertise!

To attend, students must have a signed permission form which can be collected from either of the Visual Arts teachers.



JOIN US IN THE JJCMHS ART ROOMS! 3 PM - 4 .30 PM EVERY TUESDAY, TERM

STUDENTS CAN CONTINUE THEIR CLASS ARTWORKS

CREATE COMPETITION ARTWORKS OR EVEN DEVELOP THEIR OWN ARTMAKING PRACTICE ON AN

ARTWORK OF THEIR CHOICE!



Georgina McInnes & Sally Jessop

AN UPDATE FROM PDHPE/TAS/MUSIC

TAS/VET News

The TAS Department is working on many new projects. For the first time, JJCMHS is offering Year 10 VET Construction, where the class completed White Card Training and have already started building projects. Congratulations to Mr Hooper for leading this class and his new qualifications!

Senior Multimedia is feverishly working on major projects, as well as Senior Timber, all preparing for the HSC later in the year.



Year 12 Hospitality are now making great coffee and cafe quality drinks (pictured) and are about to go on a 35-hour work placement. Year 11 Hospitality (pictured) have completed their first Unit on making professional grade sandwiches! Delicious!

We are very grateful to have Mr Lucas and Mr Lucas Snr working tirelessly on upgrading our Industrial Technology Timber facilities this year. Improvements include new and refurbished benches (pictured), a new panel saw and saw room, a new thicknesser, a new laser cutter and improved storage for tools and materials. The improvements in this area are outstanding!

Music News

Students are preparing for a performance at the Eastlakes Family Fun Day at Eastlakes Park on Saturday May 14. Come on down to see some excellent soloists on our stage in the afternoon.

Year 12 Music 1 students have just completed another Elective of performances. All other years are already getting pumped and ready for BIG NIGHT OUT on Thursday June 30. Save the date!

PASS Incursion

The Year 9 and 10 PASS classes attended an incursion with guest speaker, Brett Stibners. Brett represented Australia in the Paralympic Games in wheelchair basketball and gave an inspiring speech about his life and sporting achievements.

This connects with the students' present topic, "Physical Activity and Sport for Specific Groups".





SUPPORT UNIT MASTERCHEFS!



SU2 made Chicken Wraps last week in Food Tech. They all prepared and consumed their food very well.

There was some salad left over so the SU staffroom had the pleasure of enjoying this for their lunch.

They individually scored the food like they do in Masterchef and the average score was 9/10.



BOYS TO MEN PROGRAM

Emerging head and shoulders above their peers are ten JJ students who are well on their way to becoming responsible and respectful young men.





Starting out as 10 ordinary boys, these Year 10 students have thrown themselves headfirst into JJ's inaugural **Boys to Men** program. Undertaking a multi-modal, immersive teaching program which includes martial arts, meditation and self-control, these dedicated students cover topics such as gratitude, goal-setting, and emotional regulation, and over a few short weeks have shown measurable gains in self-directed behaviour, respect and self-efficacy, as well as improvements in physical fitness and agility.

Being trained by a dynamic duo of personal trainer and motivational coach, Matt French, and the school's social worker Amaia Delaterre, these boys have taken a journey into the unknown and emerged all the better for it.

ENGLISH/EALD/LANGUAGES/DRAMA

Welcome to 2022 from the English/EALD/Language/Drama Faculty at JJ Cahill MHS.

The study of English helps your child to become a more critical and imaginative thinker. English also empowers all of us to become more effective communicators, whether in conversation, filling out forms or writing essays and reports. English skills are also a gateway to success in other subjects, further study and the world of work.

In English, we aim to develop a love of literature and learning, whereby students are encouraged to explore the power and value of the English language for communication, knowledge and enjoyment. Developing skills in English enables students to



take their place as confident communicators, critical and imaginative thinkers and lifelong learners.

In acknowledgment of its role as the national language, English is the mandatory subject from Kindergarten to Year 12 in the NSW curriculum. At JJ Cahill, students learn English through explicit teaching of language and through their engagement with a diverse range of rich texts and learning experiences. The English /EALD/ Drama/ Language Faculty is highly experienced and committed to assisting students reach their full academic and social potential.

In the junior years, students learn by reading and viewing a variety of fiction and nonfiction texts including novels, poetry, dramatic texts, film and documentaries. In the senior years, we offer all course options for the HSC, including English Extension for our most talented students of English.Additionally, the faculty delivers specialised courses to students with additional English language needs as well as courses in HSC Drama and Junior Spanish.

In 2022, the Faculty team consists of Ms K. Doret, Ms T. Long, Mr. J. Nicolls, Mr M. Sneddon, Ms T.Tickle and Ms J. Welch. We are always available to discuss the progress of each student and welcome opportunities to engage with our parents and caregivers.

Jim Nicolls,

HT English





The Premier's Reading Challenge - Launching in Term 2!

The Premier's Reading Challenge is up and running! Please encourage your child to get involved in this fantastic program.

All of Year 7 is encouraged to get involved. They have been invited to borrow books from the school library and/or their local libraries. Students are required to read a minimum of 15 books from the Premier's List and may choose five books of their own.

All this has been explained and students are now familiar with the website which explains all the rules!!



Blackout Poetry

Year 10 recently tried their hand at 'Blackout Poetry' as part of their 10-week study on all things poetic. Blackout poetry involves taking older texts and creating new meaning and ideas by carefully 'blacking out' words to leave a new message. The poems on the top left and bottom right were composed by Jessica Hoersch, the one on the bottom left by Keanen Brown, and the on the top right by Midori Delaney, all of Year 10.

NEWS FROM SCIENCE

Welcome back for another school year. We would like to congratulate our Year 12 classes of 2021 on their success in Science and Mathematics, given a difficult lead up to the HSC.

There also has been some movement in staff changes from 2021 to 2022. Ms Theofanopoulos and Mr Churton have moved onto new schools with new challenges after spending several years within our school. We wish them a happy transition into their new roles.

Returning teachers for the new year include Mr Smith, Ms Gunawan Daly and Mr Zhang in their specialist teaching areas. We would like to welcome to the faculty 3 new teachers, Ms Khalil, Ms He and Ms Johnson.

We are very excited to have their expertise joining our faculty and provide extended opportunities for our students. The smooth start to the year promises a good year ahead.

Steve Smith HT Science/Mathematics

Learning about Genetics in Year 10

This term year 10 Science classes are learning about the topic of "Genetics and Biotechnology". This covers many things including the structure of DNA (deoxyribonucleic acid) and the complementary base pairs.

One lesson was spent making a model of DNA and its structure using common everyday materials. Students followed a set of instructions and used jelly snakes, marshmallows and toothpicks to construct the double helix structure of DNA.

This was a very enjoyable lesson to reinforce their knowledge and understanding of DNA and help foster deeper understanding. the end the students were able to eat their creations.

Irene Gunawan-Daly



SOME WORDS FROM YEAR ADVISERS

Year 7

Induction Week



Anti-Bullying Workshops

During Term 1, Ms Kharitos (Year Advisor) and Ms Delaterre (Student Support Officer), ran a suite of Anti-Bullying workshops with all year 7 students. Through a variety of tailored activities, including team games activities and role plays, the workshops covered important issues such as recognising and reporting challenging situations, building confidence through tools for decision making under pressure, resilience training,



identifying danger early and getting away, strategies to support students if they are being bullied.

The feedback received from students has been overwhelmingly positive, with our students stating that they feel empowered to recognise and stop bullying if needed.

Kahina Kharitos, Year 7 Adviser



Year 8

Year 8 have had a positive start to the year, and it has been a pleasure to take over as their Year Adviser. Students are working hard in all areas of their learning and engaging in many practical tasks across their subjects. It has been fantastic to see Year 8 students demonstrate their leadership skills in the role of buddies to welcome and support our new enrolments this year. I am excited for this positivity and hard work to continue throughout the year and for Year 8 to experience their first full year at high school.

The term was full of worthy days and weeks to celebrate difference, harmony and equality. Year 8 have been active members in celebrating and recognising the importance of International Women's Day, Harmony Day and Anti-Bullying Week/A Day of Action Against Bullying. This term has seen Year 8 students shine through being key members of the JJ Pacific Islander Dance Group and JJ Cahill Memorial High School sports and carnivals! They have been representing their school with pride at local primary schools and Sydney East Zone events.

Next term and throughout the year, Year 8 have an opportunity to be a part of RAISE mentoring, their Wellbeing Day and many sporting carnivals and other opportunities like Big Night Out. With the holidays fast approaching, students are reminded to ensure they have the correct equipment and materials for all their subjects ready for Term 2 and to arrive on time to school everyday (every minute and day counts!). I wish all students and their families a wonderful and safe holiday break!

Jenna Evans Year 8 Adviser

Years 11 and 12

Year 11 and 12, what a start to the year it has been! Year 11 you have demonstrated resilience and a motivated approach to starting your senior studies. Year 12 you have engaged with the second term of your HSC studies with positivity. You have all worked hard this term and dealt with the ups and downs of the many things thrown your way. Enjoy the upcoming break, rest and set goals for yourself next term. I look forward to seeing you all back in roll call on the first day of Term 2, ready to embrace all opportunities offered to you.

Tamara Tickle, Year 11 and Year 12 Adviser

MASCOT 100th Birthday Celebration Assembly

Dancers from Year 8, 9 10 represented our school at Mascot Public School's assembly, celebrating their centenary anniversary. The students performed exceptionally well and represented the school with distinction with friendly rapport with the younger students, parents, teachers and members of the community.

Congratulations to Joyce, Allira, Mele, Elenoa, Anelisa, Mikayla, Litia, Te Ata, Harlyn, Mataoa and Senolita!



Adrian Lim Klumpes, HT, PDHPE/TAS/Music

Hi Students! Welcome to the Learning Hub

<u>A place to practise what</u> <u>you're learning</u>

Do your assignments, ask questions & get help with tasks outside of class time.

> Tuesday & Thursday Afternoons 3:10pm- 4:00pm

> > LIBRARY

Ш ł 0 Ages 12-25 | For information on registrations email yasemin.secim@bayside.nsw.gov.au or call 02 9366 3889 2 U.

April 2022 Youth Holiday Program

WEEK 2 Monday 18 - Friday 22 April 2022



WEEK 1 Monday 11 - Friday 15 April 2022

Raging Waters

Monday 11 April 2022 | 9:00am - 4:30pm

\$40

to bring a towel, a hat and sunscreen. BYO lunch. all the Raging Waters rides and slides that will amaze you. Remember Start with a giant water slide like no other in Sydney, continue with

Drop off & pick up: Hillsdale Community Hall, 236 Bunnerong Road Arncliffe Youth Centre, 213 Princes Highway

Eastlakes Youth Drop In

All the usual fun of Youth Drop In including table tennis, pool tables Tuesday 12 April 2022 4:00pm - 7:00pm

Location: Alf Kay Eastlakes Community Hall, 16 Florence Avenue PS4's, board games and arts & crafts. Snacks provided

Tuesday 12 April 2022 4:00pm - 5:00pm Basic Car Maintenance Youth Week Activity

educate young people about basic car maintenance. Snacks provided An interactive and hands on car maintenance workshop, designed to

Location: Alf Kay Eastlakes Community Hall, 16 Florence Avenue

Virtual Reality

Enter the virtual world, work as a team to solve the puzzles and complete Wednesday 13 April 2022 | 11:15am - 3:30pm

Drop off & pick up: Hillsdale Community Hall, 236 Bunnerong Road your mission at Entermission Sydney, BYO lunch.

Skateboarding Workshop Youth Week Activity

music and games. Dinner provided. Learn to skate for all skill levels, including a demo from a pro skater, food FREE

Easter Friday

Friday 15 April 2022 | Closed



Thursday 14 April 2022 | 3:30pm - 6:30pm

Location: Mutch Park Skate Park, Wentworth Avenue, Pagewood

Public holiday



Dinner provided. PS4. Friendly table tennis competition with prize awarded to the winner All the usual fun of Youth Drop In including table tennis, pool tables and

Location: Hillsdale Community Hall, 236 Bunnerong Road

Skate Park Youth Outreach

past Mutch Park Skate Park for some fun. Snacks provided. Friday 22 April 2022 4:00pm - 6:00pm Bring your scooter, skateboard, skates, bike or roller blades and swing

REE

Location: Mutch Park Skate Park, Wentworth Avenue, Pagewood







Easter Monday

FREE

Eastlakes Youth Drop In + Movie Night

Tuesday 19 April 2022 | 4:00pm - 7:00pm

REE

Movie night at Eastlakes Youth Drop In, come along to watch a movie and enjoy some yummy pizza! Dinner provided.

Location: Alf Kay Eastlakes Community Hall, 16 Florence Avenue

Wednesday 20 April 2022 | 9:30am - 3:30pm

Drop off & pick up: Hillsdale Community Hall, 236 Bunnerong Road

























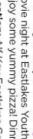


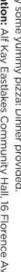






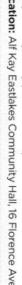








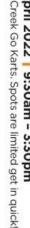












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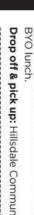




























PRINCHERE YOUTH CENTRE 9 TOWNSEND LANE | ARNCLIFFE Ages 12-25

April 2022 Youth Holiday Program

Free entry Bookings at baysideyouthservices.eventbrite.com

Bayside Council

ECK | Monday 11 - Friday 15 April 2022





BASKETBALL CLINIC

Monday 11 April 2022 9:00am – 12:00pm The team at Charity Bounce will be launching our holiday program. Get ready to strengthen or learn new skills in basketball. Light snacks & drink provided.

CARTOONING WORKSHOP

Tuesday 12 April 2022 | 12:30pm – 2:30pm Learn how to make characters and stories come alive on the page! Supported by the team at Shopfront. Light snacks & drink provided.

PRAKOUA RND RCAOBRTICS WOAKSHOP Wednesday 13 April 2022 | 1:00pm - 3:00pm

Learn the art of parkour and acrobatics from Dauntless Movement Crew! You will learn all the beginner drills and progressions to get you moving confidently and safely whilst having fun. Light snacks & drink provided.

MULTI-SPORTS AND GAMES

Thursday 14 April 2022 | 12:30pm – 2:00pm Come along for a day of fun and games. We have sports, PlayStation, air hockey, art, music and more! Light snacks & drink provided.

ERSTER FRIDRY Friday 15 April 2022 | Closed Public holiday.

IEEK 2 Monday 18 - Friday 22 April 2022

ERSTER MONDRY Monday 18 April 2022 | Closed

Public holiday.

MULTI-SPORTS

Tuesday 19 April 2022 | 1:00pm - 3:00pm

Multi-sports will keep you busy with different sports and activities. Bring it on Sports have got you covered, rotate between basketball, soccer, dodgeball and more! Light snacks & drink provided.

SELF-DEFENCE AND MARTIAL ARTS Wednesday 20 April 2022 | 1:00pm - 2:00pm

Take part in an introductory session to martial arts and self-defence techniques from the team at Australian Martial Arts Academy. All skill levels welcome. Light snacks & drink provided.

BOHING FITNESS Thursday 21 April 2022 | 1:00pm - 3:00pm

Join in on some fitness fun with a boxing workout sure to make you sweat. Learn all different types of boxing movements and skills from the team at Bring it on Sports. Light snacks & drink provided.

Friday 22 April 2022 | 1:00pm - 3:00pm

Bring your love of music and the stage to this workshop supported by the team from Shopfront. Beginners welcome! Light snacks & drink provided.







Youth Week April 2022 It's up to YOU'th Age 12-25

For more information please contact Emma Ghassah on 0427 919 871.

Saturday 2

Friday 8

Activation Ador Precinct

Precinct. the Ador Reserve and Park the newly developed Come along and explore 1:00pm - 4:00pm facilities and amenities of

music and games. from a pro skater, food, participants are invited to levels, including a demo learn to skate for all skill Focusing on the skate park

Ador Reserve Precinct West Botany St. Rockdale

vent

layside Bounce







9 Townsend Lane **Arncliffe Youth Centre**







OUTH SERVICES



Wednesday 13

Thursday 14

Basic Car Maintenance Norkshop

An interactive and 4:00pm - 5:00pm

H

maintenance. people about basic car to educate young workshop, designed hands-on car maintenance

Community Hall Alf Kay Eastlakes

16 Florence Avenue



from 6:00pm Shortstuff Film Festival Night

Open air cinema. Screening of the Shortstuff film festival with live entertainment, food stalls and red carpet

Hurstville Plaza 296 Forest Road







Skateboarding Workshop

music and games.

for registration.

Mutch Park Skatepark,







Workshop Acrobatics Parkour and

Learn the art of parkour 1:00pm - 3:00pm

and acrobatics from Dauntless Movement Crew

9 Townsend Lane **Arncliffe Youth Centre**



3:30pm - 6:30pm

from a pro skater, food, levels, including a demo Learn to skate for all skill

Scan the above QR code

Wentworth Avenue

Pagewood



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