



JJCMHS WINGS

www.jjcahill-h.school.nsw.edu.au | (02) 9669 5118 | email: jjcahill-h.school@det.nsw.edu.au



Upcoming Dates

31st January - Year 7, 11 and 12 return

1st February - Year 8, 9 and 10 return

22nd February - Swimming Carnival

17th March - School Photos

3rd April - Year 12 Wellbeing Day

7th April - Last Day of Term 1

From the Principal

This is the final newsletter for 2022. Because it is the last newsletter it is an opportune time to look back on the year we have had, to celebrate successes and think about what we might do better. It is also a time to thank people for their contributions to our school community.

I would like to offer a heartfelt thank you to all of the parents who have given their time to get involved in the schools parents and citizens association, (P&C). Our P&C has become incorporated and can now raise money and write grants. A special thanks to Daniel Girling Butcher (President), Rosie Reynolds (Secretary) and Rona Hamieh for their generous commitment to giving back to the school. Also a big thank you to the parents who regularly attend P&C and contribute to conversations that look for ways to improve our school. I look forward to working with you in 2023.

We all know the saying that it takes a village to raise a child. As principal I am deeply aware that the school and students need the engagement, support and partnership of parents if children are to have the best chance of success. I want to thank parents for working in partnership with the school. We all want the best outcomes for children who attend our school. The future for students is always better when we work together.

Thank you to the staff for their hard work and commitment. The staff at JJCMHS are focused upon doing everything they can help students learn and develop. They know that it takes more than



just quality lessons but understand the importance of building positive caring relationships with students to make the difference for students in realising their potential.

I want to give a special thanks to the executive leadership team. An organisation needs good leadership if it is to continue to grow and improve. The current leadership team are not only highly experienced and committed individuals but also understand the importance of building trusting positive relationships. At JJCMHS our leadership team is built upon the principles of mindful, compassionate and selfless leadership. Finally, central

to the success of the leadership team is its commitment to work as part of a team.

Thank you to all of the students who strive to embrace the school's values, honour excellence, responsibility and opportunity. Students who attend school every day are able, work hard and strive to do their best, are respectful and courteous to those around them and take on opportunities provided by the school. We can see evidence of students embracing opportunities when we see them on stage and as part of the crew making sure events like Big Night Out are a success. We can see it when students put themselves forward to be a part of the schools leadership team whether in an official capacity or attending the SRC meetings that are open to all students who wish to contribute to their school. We can even see this when students attend excursions, carnivals and cocurricular activities like learning hub and art club after school.

I am very excited to see the high quality of students who have put themselves forward and gained positions on our official leadership team. I am looking forward to continuing to work with them in 2023.

We have several staff who will be leaving us at the end of 2022. Some just for 2023 but others who are moving onto other things. I want to acknowledge them for their contributions to our great school.

I am very proud to be principal of JJ Cahill Memorial High School. We are an excellent school with a positive and supportive learning culture. I am very excited about the programs that we will offer to students in 2023. I will write and talk more about this in the new year.

I wish everyone a safe and relaxing Christmas. Enjoy your extended time with family and friends. I hope you are able to enjoy the beaches and that the weather is kind to us all. I go down to the water each day hoping for the temperature to get a little bit warmer.

Kind Regards and seasons greetings,

Ralph David



From the Deputy Principal

2022 has been a very busy year with so much happening in and around the school. It has been a year where the school has continued to provide support in so many ways to its students, families and the community. Students have had so many opportunities to be involved in excursions, camps, concerts, community events, sports gala days and school carnivals as well as community and charity events. We are proud of the continued

connections students have established with their teachers accessing expertise and feedback for their own development and we look forward to providing more opportunities for students to join.

Academic Reports

I have read all academic reports teachers have written for students. A lot of information and feedback has been provided with meaningful insights and collection of evidence to collate the outcomes and report comments. I urge all parents to carefully read those reports and to sit with their child to really understand the strengths and areas for improvement teachers have identified. I congratulate all these students and those who will receive additional acknowledgment of their academic success with an award at the presentation ceremony. It has been a pleasure to watch you continue your educational and personal development this year.

Student academic reports will be available on the parent portal on Thursday 15 December 2022.

School Resumes in 2023

The 2023 school year will start on Tuesday 31 January for Years 7, 11 and 12 and on Wednesday 1 February for all other year groups. As classes (and teachers) will be confirmed based on the actual enrollments in that week, it is important that all students attend from the first day. If students are absent they may miss out on their first preference for subjects to be studied. If the family is returning from a holiday, please send a letter to advise this year so the school can keep the vacancy open.

I would like to thank all the staff for their outstanding commitment to student learning and devotion to provide support, care and assistance to each student. The quality of learning taking place in classrooms, and all school contexts, from the Library to the playground, shows a trusting and respectful interaction between teachers and students and even between students with the support they provide each other.

I would like to thank all the parents, community members and staff for their support throughout this year and BEST WISHES TO EVERYONE FOR A SAFE AND HAPPY HOLIDAY BREAK. SEE YOU IN 2023!

John Mifsud

High Potential and Gifted Education Program 2023 and 2024

In 2023, JJ Cahill Memorial High School will work to expand the STEM and HPGE programs across the school. This means that we will be participating in teacher professional learning, be engaging with DoE state office, experts in STEM and university leaders. We will also be running our first ever “Great STEAM Challenge”, a competition that will challenge young minds to work collaboratively and innovatively to solve real world problems. So make sure to keep an eye out for some exciting news around that.

In 2024, JJ Cahill Memorial High School will provide an holistic and inclusive enrichment program that will focus on challenging young minds and turning interests and passions into skills and knowledge. The enrichment class will be an opportunity for Year 7 students to access highly skilled teachers, be supported through individualised gifted education plans and experience bespoke teaching and learning programs in Mathematics, Humanities, Science and Technology, and English. Placement in the enrichment program for 2024 will be based on multiple entry requirements that consider academic abilities, school attendance and social-emotional intelligence.

Thanks to one of our amazing Year 8 parents, Mr Sanchez, our teachers were invited this term to experience the facilities at the Nokia/UTS Tech lab. We had a wonderful excursion and are excited about the possibilities for our students and their connection to the amazing team at Nokia. This partnership will open many avenues for STEM projects and education, excursions and incursions as well as work experience. Thanks @Nokia!

Raquel Grammat



Teacher Excursion to the Nokia/UTS Tech Lab

Year Advisors

Year 6

Our future Year 7 students enjoyed their first taste of High School on Orientation day during week 8. The day was a fun and collaborative experience with students participating in activities and games to help build social relationships and a positive integration into a new school setting. Student leaders from Year 7 up to Year 12 participated in the day to help mentor our new enrollments and make them feel welcome at JJCMHS. The day was a great success with many laughs and memories created.

Year 7

Our fantastic Year 7 students have had an exciting and busy Term 4! Our students continue to be active members of the Student Council Representative, represent our school positively in the community and lead school events.

Berry Street Education Model Sessions

We have continued developing our skills and knowledge in our Berry Street Sessions, this term focusing on Character and Values. This is empowering all students in developing an understanding of who we are as individuals, whilst exploring our strengths and unique attributes.

AIME IMAGI-NATION Factory Excursion

Our Year 7 students experienced a transformation of the HOYTS Cinema Complex at Moore Park Entertainment Quarter, as it was turned into an immersive experience via the IMAGI-NATION Factory. The focus of the sessions was around imagination, connection, goal setting, overcoming challenges, career aspirations and identity. The students stepped out of their comfort zones, led, and created personal connections with their peers and their mentors. The event enabled students to engage with a range of exciting activities, including creating, producing and sharing their own story. Watch this space for the finished product - coming soon!



Year 7 Students at the AIME IMAGI-NATION Factory Excursion

First Nations Exhibition at the Australian Museum

Year 7 had an incredible opportunity to learn about Australian history and culture through guided talks, small group exploration of artefacts and hands-on activities on our visit to the Australian Museum this term. Students enjoyed the interactive Burra learning space, joining a fascinating learning journey through Country, at this exciting new state-of-the-art play space that immersed them in Western science and First Nations knowledge.



Year 7 Students at the Australian Museum



Year 7 Swim School

Swimming Sessions took place in Week 9 and all Year 7 students have engaged in a 3 day workshop to ensure they are ready for lots of fun and water safety for the upcoming school vacation!

I am proud to witness our students taking every opportunity that has been offered to them and demonstrating our school values in and outside of school. I look forward to welcoming everyone back for a positive start to 2023. Have a safe and restful break!

Kahina Kharitos

Year 8

Onto the next stage we go! Year 8 has experienced their first full year of high school (camp catch up and all) and it was a successful year indeed - attendance they have been commended for, glowing reviews from their teachers and their active participation in the school community. We welcomed many new faces to the year group and all students have made improvements with their social and academic skills. This successful year was wrapped up with a jam-packed Term 4 and Year 8 thrived from this.

RAISE Mentoring

RAISE Mentoring students had their graduation and it was an incredibly special occasion. Each student was able to articulate the gratitude they felt towards their mentor in front of their peers, parents and teachers. This is a huge accomplishment.

Big Night Out XV Involvement

Year 8 represented their wide range of talent in Big Night Out XV with singers, dancers, creators and performers. It is so nice to see the students shine in the Arts and I cannot wait to watch the progression of existing talents and the emergence of new stars throughout the years.

Berry Street Lessons

Throughout the term we focused on the strengths and values. Students have been developing the skills to recognise and acknowledge their own strengths and have identified strengths in others around them. From this, we will discuss how students can use their strengths

Congratulations to all students who have received recognition for their sustained efforts and diligence throughout the year. Whether this be at presentation day or in the classroom, Year 8 should reflect on their capability and celebrate their achievements.

I encourage you to reflect on your studies for next year and take actions to ensure you are prepared for each learning experience next year. I also encourage you to rest well this summer break, take care of yourselves and each other and return feeling ready to learn!

Jenna Evans

Year 9

Wow! What a phenomenal year we have had. After riding a wave of change and constant uncertainty the previous two years, this year we were able to settle back into more predictable routines. Year 9 students rose to the challenge, showing a commitment to their learning and supporting the whole school community in an array of events and activities. Big Night Out was a fantastic way to end the year with many of our year group performing throughout the night and displayed in the JJCMHS Art Gallery. It is always inspiring to see our talents showcased at this spectacular event.

Electives for Year 10 have been chosen and we are excited to deliver an enriching and engaging course to you all next year. I encourage you to look at what equipment you may need for these subjects and organise yourselves over the holidays so that you can start next year on the right foot.

I am impressed with the way students followed our school values of honour, excellence, responsibility and opportunity this year. Stay safe over the school holidays and I look forward to seeing you return refreshed and ready for another year of learning in 2023!

Georgina McInnes

Year 10

What a year it's been Year 10! After everything we've been through over the past few years, as individuals and as members of our communities, I'm sincerely proud and impressed with how everyone has been able to find some firm footing this year. It hasn't been the easiest of times, especially with the stress of assessments, subject selection for the upcoming HSC in Years 11 and 12, finding employment opportunities, and seeking out any available education pathways. There have also been lots of missed opportunities with a lack of school camp due to scheduling, lockdowns, and unpredictable weather, along with any interruptions in our own personal lives. However, with that all said, I'm confident that we will make the best of 2023! This has been a year of growth, forging new bonds, experiencing new things, and learning more about ourselves. We've welcomed a lot of new students to our year group, celebrated success together and come together after losses we've gone through, as well as been featured in the news and performed publicly outside of school.

Mock Job Interview Day

In Week 8 of this term we held a Mock Job Interview Day for all of our Year 10s. We were able to invite some amazing guests with a large variety of backgrounds and expertise, ranging from the financial sector, to software development, human resources, small business ownership, and more! These mock job interviews took place across the first two periods of the day, with each lasting for roughly 10 or so minutes for every student in our school library. This was a wonderful opportunity for our Mainstream students who would be going on Work Experience the following week, and for our Support Unit students who first experienced this type of interaction. The event allowed for all of the students to engage with skills they have been developing this year to prepare them for entering the workforce, and to build up their confidence for these types of scenarios. Our Year 10 students displayed an immense amount of respect, confidence, and positivity despite some understandable nerves at the beginning of the day. Our guests left with nothing but high praise for our Year 10s, who all took this wonderful opportunity to heart.



Year 10 students engaged in their Mock Job Interviews

Big Night Out XV

This time around we had at least twenty students from Year 10 contributing to Big Night Out in Term 4! This included performers, tech crew, helping with the BBQ, and even in the design of the poster.

Mr Hooper and Mr Lim-Klumpes, along with Mr Truss and Ms Rosewarne (with the BBQ and poster design respectively) have done an amazing job in guiding these students to get involved and hone their skills.

Work Experience

Our Mainstream Year 10 students embarked on their Work Experience as part of their Careers curriculum in Week 9 this term. These students will be getting a taste of work in the community at a variety of locations across a range of services, from haircare to auto work to preschool supervision to retail work. Meanwhile our Support Unit students have been engaging with Disability Services Australia in Mascot and assisting with their Packaging Solutions initiative for their own Work Experience. These have been amazing opportunities for our students to better prepare themselves for life after school, where they can be trusted to be independent, motivated, contributing members of society. I want you all to reflect on these moments. Take in what your teachers, family, and friends have said and build on that to be the best you that you can be. You all know what I've said in our Roll Calls and Year Meetings, that I wasn't the best behaved or most motivated student when I was in high school. So please take some of my own advice to heart.

Enjoy your break and rest. Your brain and body needs it. But the next couple of years in school are going to be tough, so be prepared. Study, revise, practice, do what you have to do to be ready for whatever Years 11 and 12 throw at you. And most importantly: Look after yourselves and each other. Stay safe, have fun, and I'll see you next year!

Julie Low

Year 12

Year 11/12, what a year it has been!

You have handled the transition to your Stage 6 studies with maturity, adjusting to the challenges that year 11 brings and making the most of all opportunities given to you. You have demonstrated diligence in approaching your learning and commitment to our school community participating in events, promoting our school and being role models for younger peers.

As the term comes to the end, it is important to reflect on the year that has been. Did you study enough? Did you give yourself enough time to plan and work on tasks? What worked well for you this year? What should I focus on in 2023? I encourage you to consider these questions in preparation for your final 3 terms of high school.

Stay safe and enjoy your holiday break, it is your last summer holiday break as a student. I look forward to seeing you all back on day 1 of 2023 and guiding you through your final terms of your high school journey.

Tamara Tickle

Indigenous Activities

As we wrap up the year, we can reflect on the many incredible experiences we have had at JJCMHS this year. Our recent Library initiative is celebrating First Nations authors and welcoming new literary additions to our collections for students and staff to enjoy. We have also acquired book sets for students to enjoy in 2023 with award winning Aboriginal writers, which will be incorporated into our classrooms in the new year.

Additionally, the AIME IMAGI-NATION Factory Excursion was a great success and we had a fantastic turn out as the largest group in attendance for the inaugural event at The Entertainment Quarter in Moore Park . The excursion enabled our Indigenous students to connect with mentors, teachers, and students from different schools in exploring and showcasing the meaning made through unlikely connections to ensure the First Nation Peoples history and stories develop with each generation. Students enjoyed hands-on activities, enacting positive pledges, and planning for the future. We look forward to continuing our journey as knowledge sharers in 2023.

The 3 Bridges Community Program continued this term with students enjoying yarning, creating, and exploring culture. This term we completed our JJ Kooris mural and farewelled one of our favourite community members, Jada Mundine! The program continues to build connections to our community, history, and knowledge of Country, and we are looking forward to expanding this to our primary schools in 2023.

Kahina Kharitos



3 Bridges Community Program

Sydney Gateway Stem challenge

The Sydney Gateway Stage 1 & 3 Works (SGW) is a part of Transport for NSW (TfNSW) strategy to increase the capacity of the infrastructure and services in the areas surrounding Sydney Airport. On the 1st December, Tasman Palmer, Senior Training Advisor from John Holland & Seymour Whyte came with a team to JJ Cahill Memorial High School. The challenge was to build a “Bridge” from Lego.

JHSW team shared an overview of the Sydney Gateway, accomplishments to date and an animation video of one of the ‘19 bridges’ that is being built across the project (Twin Arch Bridges). JHSW Interface Design Manager Daniel Pospischil had created a prototype to have on display at the front and went through the specifications of the build with the students. There were two main specs for the group which was, quality and weight bearing.

Science students from Year 9 and 10 built a bridge from Lego. The teams were given a time limit of 45mins to design and construct their bridges. At the end of the challenge the JHSW team judged each of the builds based on the specifications given. The winners from the challenge were Sam, Hamzah and Malih’s team from Year 9. The winner’s prize for the team is to attend a tour of the Sydney Gateways and witness one of their many milestone achievements in 2023.

Perfect Autobody Excursion

On November 24, Year 10 and 11 students from JJ Cahill Memorial High School went to Perfect Autobody at Mercedes show room at 340A Botany Road, Alexandria. Fiona Walker, the HR manager greeted us and escorted us to the premises. The students were given a site tour, spray painted and disassembled and reassembled a bumper. The students were excited for this hands-on experience. Students also got a chance to talk to current apprentices. After the morning tea, the manager told us about the next steps for a career with Perfect Auto Body. At the end the company offered four placements to Year 10 students for their work experience week from December 5-9, 2022.

Anju Bhatia



Students at Perfect Autobody Excursion

Externally Delivered Vocational Education and Training (EVET)

Congratulations to our small group of young men who have completed a Skills for Work and Vocational Pathways program this year! Jobquest is a program that gave our students the opportunity to learn specific job-related skills and complete their own projects. Most recently they created a sports coaching program which was delivered successfully to Year 6 students at Gardeners Road Public School. Fantastic work by Uluakiola, Neiko, Julio, Umut, Keanan, Muhummad, Isaac and Calen!

Special mention to Umut (Year 10) who did so well in his placement test that he has been accepted into a specialist plumbing program at TAFE for 2023! Also mention Abdullah (Year 10) who similarly went through into an Electrotechnology course for next year. These programs are super competitive to get into! Well done, boys!

On Thursday 3rd November the EVET class 2022 attended Gardners Road Primary school to run a sports day as their project for the EVET course. The boys were broken into groups and had to choose a different sports session appropriate for primary aged students. They ended up with: Kick Tennis, Passing Drills & Soccer Scrimmage.

During our sessions each week the boys had to prepare all the components of the sports session; set a session plan, create an equipment list, review and discuss a risk assessment, do a practice run with our class and understand reflection and feedback.



EVET Graduates 2022

Life Ready Program

There is a requirement that all Government secondary schools deliver a program called Life Ready for a minimum indicative time of 25 hours. The program can be completed in either Year 11 or Year 12 or across both years. At JJCMHS we delivered this program one day a week over 3 weeks. Students actively participated in a range of activities relating to the following topics:

- Mental Health and Wellbeing
- Relationships
- Sexuality and Sexual Health
- Drugs and Alcohol
- Safe Travel
- Independence
- Activities, BBQ and program graduation

Thank you to all the teachers who supported this program by presenting workshops. (Ms Grammat, Ms Rosewarne, Ms Axiotis, Mr Pitt, Mr Nguyen and Ms Cruz). Thank you mostly to all students who actively participated and engaged in all aspects of the program. Well done and congratulations

Sian Batista De Mello



Life Ready Graduates 2022

Sport & PDHPE

Sport

We've had some exciting new gala days this term. In week 6 we had a basketball and rugby league gala day. Alexandria Park Community School's 16 boys' basketball team came to our school to verse the JJ Cahill Memorial High 16 boys basketball team. Our boys played well as a team and are keen to continue training for more basketball tournaments next year.

The Rugby League Tri Series at South Sydney High School was also a great day. Our 14- and 16-years boys' teams have worked very hard over the last few weeks to prepare for this gala day and were in high spirits to represent the school. The 14 boys played with a lot of grit and courage. Special mention to Efe (Year 9) who played with a lot of heart and leadership and was still in good spirits even after injury. Unfortunately, our 16

years boys only played the first half of their game until the gala day was cut short due to injury. Their school spirit was evident, and it was a shame they didn't get to show all of the hard work they put in leading up to the day. We are so proud of our rugby league teams and our basketball team and look forward to more gala days next year.



JJCMHS 16 Boys' Basketball Team

It has been a great year of sport this year and we are looking forward to more sporting opportunities next year.

Joanna Axiotis

Personal Development, Health and Physical Education in the Classroom

The PDHPE department has been busy this term with lots of activities happening. Year 7's focused on Managing Challenges and Bat and Ball strategies and tactics . Year 8's continued to focus on Health and Wellbeing and completed a focus research on the school canteen. Year 9 focused on Safe Partying and Drug Use while Year 10 focused on Building Resilience and Managing Challenges. The new Year 12 class are having a successful start to their HSC year. The PDHPE class are looking at health priorities in Australia and seem really interested in the topic while CAFS are working on their independent research task.

Year 7 Swim School which took place in week 9 was a huge success, with students of all swimming abilities finding success in learning new skills and improving their ability in the water. We hope the students had the most enjoyable time in Gunyama pool. The department would like to send best wishes to the 2022 Year 12 cohort for their upcoming results.

It has been a successful year in the PDHPE department and we look forward to the 2023 school year.

Siobhan Fahey



Performing Arts

Big Night Out XV

Congratulations to all students who participated in another fabulous Big Night Out, JJ's 15th!

There were so many memorable performances from Year 7 to Year 12 music classes. So many different styles - pop, rock, RnB, jazz and our first ever drum line. The CAPA TAS team is so proud of our musicians, singers, stage crew and hospitality team. Special shout out to our incredible first-time soloists Kennedy (Year 7), Mele, Omar, Adam (Year 8), Kian (Year 9), Midori, Harlyn, Bethany and Mataua (Year 10)!

Our school also collaborated with Gardeners Rd Public School to create a combined choir and band item, as well as a special song just from GRPS Choir. Shout out to Mr Rueger for his time and effort. Our dancers continued our long-held tradition of cultural dancing, this time led by Litia and Seno (Year 10). It was great to see new dances from Fiji and Tonga among others. Fantastic effort to learn the choreography and look so amazing in the costumes.

Special mention to TeAta, Harlyn, Mikayla, Litia (Year 10s) and Tahlia (Year 9) who worked really hard all week on the sound and lights for rehearsals and sound check. Then, to put it all together on the night under pressure was remarkable! Same goes for Vayia (Year 9) who led the stage crew. Fantastic learning and teamwork. Thanks also to Midori (Year 10) for designing this event's poster. Much appreciation to all the hard working teachers who gave up their Friday night to support the event and especially Mr Hooper who managed so many elements of the show. The funds raised from tickets comes back to the school to ensure that next year's Big Night Out gets even better!

Shining Stars

Congratulations to Katie, Max, Labron and Thivangka who represented JJ in this year's Shining Stars performing arts program. This Sydney-wide music workshop and performance event was a fabulous opportunity for students to do a drumming program, culminating in two performances at Campbelltown Arts Centre. These students learnt to play both stick and hand drums, as well as keeping to a routine and great teamwork! Thanks to Mr Hepburn for his invaluable support of these students.

Sydney Symphony Orchestra

Year 12 Music visited the new Sydney Opera House concert hall to see Sydney Symphony Orchestra perform a program of late Romantic wonders! Seeing a professional orchestra play live is such an inspiring event, and the music of Dvorak and Prokofiev was simply stunning. Noah even got an opportunity to tell the world what he thought of it!



Performers at Big Night Out XV

Congratulations Bethany!

Bethany in Year 10 was successful in gaining a place in the NSW Public Schools Arts Unit Senior Dance Ensemble! This is a super competitive opportunity and to get to the last round is a great feat!

Amazing Azra

Azra (Year 10) represented our school with distinction at Mascot Public School's food festival. She sang two amazing sets of a range of music, wowing the audiences with her beautiful jazz and blues singing, stopping everyone in their tracks! Azra has been a stand out vocalist at JJ for a while now and she is consistently improving and impressing everyone who hears her. She also completed the TAFE Yes Program in music and had her performance broadcast live!

Adrian Lim-Klumpes



Performers at Big Night Out XV

Kitchen Garden

This year the garden project has really taken off with students in year 8 and the support unit being busy learning, caring and growing things in the garden. This term we have harvested carrots, potatoes, purple cauliflower, silverbeet, warrigal greens to name a few. Students then have had the opportunity to cook with these making many delicious dishes. It has been a pleasure to see the enjoyment students experience when they can harvest the product of their labour.



Timber Technology

Congratulations to the Year 7 and 9 students who exhibited their lamps and bowls at this term Big Night Out! Thanks to Mr Lucas for assisting the students put their designs together and being such an awesome TAS teacher. The wood turning and laser cutting projects looked wonderful!



Textiles

Year 7 Textiles have been building their skills in machine sewing and hand embroidery to make a canvas bag with their own design on the front. They have all grown in confidence and ability and it is so fantastic to see their creativity come through in their personal designs.



Multimedia

The new Year 12 Multimedia class have just presented their Project Proposals for their Major Project and they are certainly an impressive group of students! They have some fantastic ideas ranging from the production of a website, both 2D animations, 3D animations, short films and projects that include a range of these skills. This group of students worked so hard in Year 11 to build their skills across multiple disciplines and it is clear that they have learnt solid foundational skills that will set them up to produce highly successful projects in 2023! Keep up the hard work!

Creative Arts

Visual Arts Exhibition

Another Big Night Out has come and gone, and with it we have seen another art exhibition from our Visual Arts students. It was wonderful to see all the work produced over just two terms by students in Years 7-11 as well as the HSC Bodies of Work, finally on display after returning from the marking centre. In the collection were zentangle animal artworks by Year 7, photographic and ceramic artworks by Year 8 exploring the theme of 'Street Art', lino prints from Year 9 depicting the urban landscape, skateboard decks and reduction prints from Year 10, Postmodern paintings from Year 11 that reconstructed Modernist masterpieces as well as various artworks from students in the Support Unit. We look forward to another highly productive year in 2023.

Sally Jessop & Georgina McInnes





Art Exhibition at Big Night Out XV

Remembrance Day Assembly

On the 11th of November, 2022, JJCMHS held a Remembrance Day Assembly to pause and remember those who have died or suffered in wars, conflicts and peacekeeping operations. Our school community stood in reflection under the shade of the green trees at the front of the school to hold the assembly, pausing for a one minute silence and raising the flag to full mast. As a school, we all paid respect and remembered the service and sacrifice of our veterans and current serving personnel.

Well done and congratulations to the students who led the assembly Jenaya, Emmanuella, Giovanni, Louis, Milton, Sam, Jack and the Year 12 Modern History class teacher Ms McInnes.



Remembrance Day Team

Year 7 Australian Museum Excursion

The 22nd of November is a date that stands out in History. In 1956, it was the day that the Olympic Games opened in Melbourne, in 1963 and in 1995 it was the day that Pixar released the film Toy Story. Now, in 2022, we can add to this list of historical milestones... The Year 7 History Excursion to the Australian Museum.

On a windy Tuesday morning, Year 7 left JJ Cahill Memorial High School accompanied by Ms Batista De Mello, Ms Kharitos, Mr Cruickshank, Mr Pitt, Ms Clifton and Ms Ma. Fighting the onslaught of traffic, we arrived early at the Australian Museum, where Year 7 were divided into two groups. After dropping their bags off in cubby holes of the museum's education room, we were introduced to our

lovely guide Hayley. The plan was to have half of the Year 7s accompany Hayley on a guided tour of the museum's First Nations Gallery.

Hayley was a fountain of information, and took the students on a journey through Aboriginal history, and the connection that First Nations people have with the land. Students were shown displays that contain thousands of cultural objects that tell the story of Aboriginal and Torres Strait Islander nations' beauty, complexity and diversity. Hayley took our Year 7 students on a tour of the stories, objects, and artworks within our Garrigarrang and Bayala Nura exhibitions, and visited coastal communities and were taught about the respect that Aboriginal people show their many countries.

While this half of Year 7 was being taken on this tour, the other half were guided by their teachers throughout the rest of the museum. Students were enthralled by the various displays on offer, including the Birds of Australia, Dinosaurs, Pacific Spirit, Surviving Australia, the 200 Treasures, and Wild Planet.

After a quick lunch break, the groups swapped, so they were able to experience both aspects of the excursion, and then they were given the opportunity to look at the photographs from the 2022 Australian Geographic Nature Photographer of the Year, and browse the many wonderful gifts in the museum's shop. After a long day, we headed back to school where we relaxed in the library, and talked about the artefacts we saw, and things we learned.

A wonderful experience, with an excellent group of kids who all behaved in a respectful manner, and engaged in all aspects of the excursion. Thank you to all teachers and students who attended this excellent excursion.



Year 7 Students at the Australian Museum



Year 11 Business Studies Zoo Excursion

Year 11 Business studies students went on an excursion to Taronga Zoo and participated in the Zoo Business Studies workshop. This day compliments the Business Studies course and enables opportunities for students to learn about how the Zoo operates and then use this information as a case study to support their responses in the Preliminary or HSC exams. This was an extremely fun and engaging day where students caught the ferry to Taronga Zoo, then we got the Skyl Safari ride over the Zoo, listened to a workshop about Zoo business and visited all the amazing animals. Our students were amazing, asking and answering questions in a sophisticated manner.



Year 11 Business Studies Excursion to Taronga Zoo

NSW Constitutional Convention 2022

The Parliament of NSW Education team invited Year 11 students (Year 12 in Term 4) to apply to participate in the NSW Constitutional Convention 2022. The Topic was: The appointment, removal and accountability of Ministers is based as much on convention as law. How can we ensure that Ministers are truly accountable to Parliament and the people, and should we move away from convention to strict legal requirements? Milton was the student we nominated and Mr Nguyen our Legal Studies teacher supported him to prepare a response to this question.



On the 29/11/2022 Milton and myself attended the NSW Constitutional Convention where students from all around the region and state participated in a program where we were welcomed officially by the Honourable Jonathan O'Dea Speaker of the Legislative Assembly. This was followed by a Keynote address from Anne Twomey, Professor of Constitutional Law & Director, Constitutional Reform Unit, University of Sydney Law School. The next part of the program led to students being divided into groups where they would nominate from their own groups representatives who would then be the delegates for the Convention that would be held in Canberra, I can proudly say and congratulate Milton who was democratically elected from his peers to attend the next and final stage. Congratulations to Milton and thank you to Mr Nguyen and for supporting him

Support Unit

Work Experience

Students from SU1, SU2, and SU4 have been attending work experience this term at Disability Services Australia in Mascot. This work experience has provided our Year 10, 11, and 12 students the opportunity to engage with practical, physical work with DSA's packaging solutions program. The students have been involved with ensuring that products from a wide variety of companies are packaged securely with guidance and supervision from DSA's own expert staff and Support Unit teachers and SLSOs. Through this work our students have been able to see first-hand what a workplace centred around equality and diversity looks like and what supports are available to them in their post-school life. We're so happy to continue our strong relationship with DSA Mascot, and we're also grateful for the opportunities they provide our students. We can't wait to work more with them next year!

Octavia Bonacci-Wright



Support Unit Students at Work Experience

Message from the Maths/Science Faculty

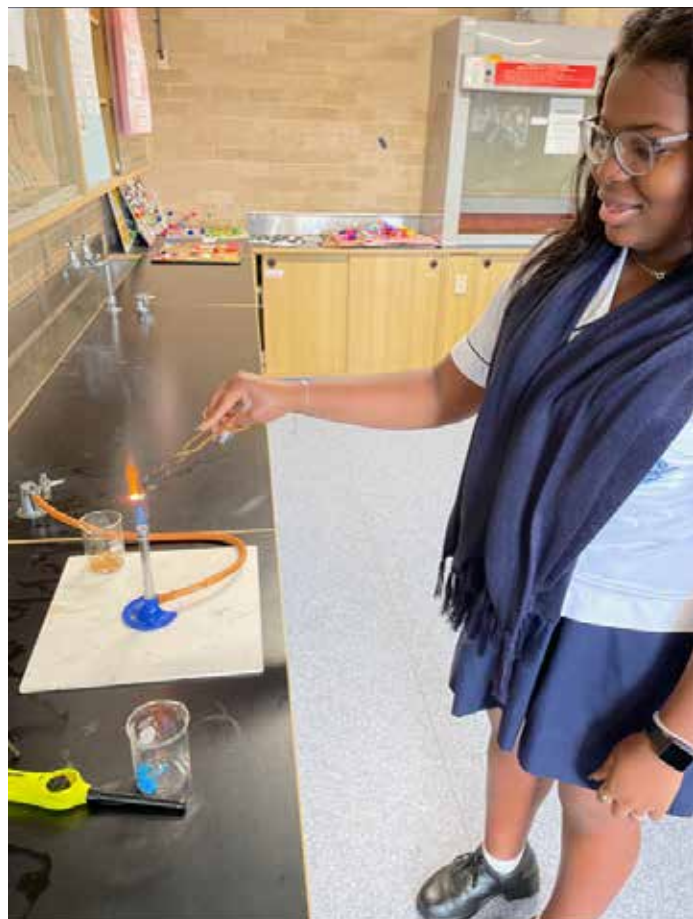
The Maths/Science faculty are extending congratulations to all award recipients in the awards ceremony. Those students had demonstrated high levels of success in the classroom with consistent hard work.

This has been an exciting term for Science. Year 7 has focused on the Physical World and investigated forces and force fields. They showed strong enthusiasm and engagement when investigating magnetic and electric fields. They went on to construct their very own electromagnet. Year 8 has looked at the Earth in Space. Investigating its location and conditions in space. They were engaging with the makeup of the Earth and useful materials that we use everyday. Year 9 has focused this term on the atom and its relevance to the periodic table. As a project they made models to enhance their learning experiences. Year 10 has probed the universe. They focused on technology and its role to better understand the world around us which can lead to new models and understanding of how things work. Year 12 chemistry performed a depth study on equilibrium reactions. One such reaction they studied was making 'fake blood'. This coincided with halloween. Year 12 Physics have just finished their depth study on projectile motion and the factors that affect its trajectory. They used nerf guns to explore these relationships.

Similarly, Mathematics is finishing off with some exciting hands-on experiences. Years 7 and 8 are studying Statistics and Probability. The year groups are taking measurements and performing simple experiments to record and analyse data. Years 9 and 10 are working and connecting with numbers. They are studying linear and algebraic equations. They are looking at how these relate to real world experiences including depreciation of assets.

We would like to wish all students a relaxing break over the holiday season and look forward to starting 2023 with a renewed focus and passion for learning.

Mr Steve Smith



Texts and Human Experiences

This term, our Year 12 EAL/D students have been investigating the plight of refugees in Australia and overseas. They conducted a research project to support their understanding of the refugee journey by viewing documentaries, as well as engaging in a study of refugees from Congo, Iraq and Jordan, which they shared with their peers via a multimodal presentation. This was a rewarding experience, especially as there are a few students in our class who have made the refugee journey themselves, and all students noted that their perspectives of the refugee experience had been expanded and they now consider the experiences of the refugee journey differently.

Visual literacy through picture books

Year 7 Picture Books Year 7 English have spent an enjoyable term learning all about the construction of picture-books. Students have read and analysed a number of picture books, becoming experts in the kinds of visual and language techniques which make picture books so appealing to young (and old!) readers. For their assessment, students created a proposal and a storyboard for autobiographical picture-books of their very own. Some students even created the finished product!

Celebrating First Nations authors

Our recent Library initiative is celebrating First Nations authors and welcoming new literary additions to our collections for students and staff to enjoy. We have also acquired book sets for students to enjoy in 2023 with award winning Aboriginal writers, which will be incorporated into our classrooms in the new year.



Spanish - La copa mundial

World Cup fever has hit Year 8 Spanish. Students have been consolidating their skills whilst learning about the biggest cultural and sporting festival in the Spanish speaking world. Students have researched participating players and countries discovering that the internet works in Spanish too! Everyone has made a prediction and is keenly following our competition wall chart to see who will make it to the finals. It has been a pleasure to teach year 8 and they should be very proud of their progress.

"We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures we can have if only we seek them with our eyes open." – Jawaharal Nehru



Alya (Year 7) and her picture book



Spanish Pinata



Spanish Students



JJ CAHILL MEMORIAL HIGH SCHOOL 2022-23

Girls All Season Uniform

BLOUSE:	SKY S/S JNR WITH TRIM AND EMB		\$40.95
BLOUSE:	WHITE S/S SNR WITH TRIM AND EMB		\$40.95
SKIRT:	NAVY CHECK JNR		\$56.95
SKIRT:	PLAIN NAVY 2 PLEAT SNR	From	\$76.95
SLACKS:	NAVY		\$42.95
JACKET:	NAVY MICRO WITH HOOD AND EMB		\$65.95
PULLOVER:	NAVY WITH EMB	From	\$71.95
HAT:	NAVY BASEBALL STYLE WITH EMB		\$20.95

Boys All Season Uniform

SHIRT:	SKY S/S JNR DELUXE WITH EMB	From	\$39.95
SHIRT:	WHITE S/S SNR DELUXE WITH EMB	From	\$38.95
SHIRT:	SKY L/S JNR DELUXE WITH EMB	From	\$46.95
SHIRT:	WHITE L/S SNR DELUXE WITH EMB	From	\$46.95
SHORTS:	NAVY COLLEGE STYLE		\$46.95
TROUSERS:	NAVY LONG COLLEGE STYLE		\$62.95
TIE:	NAVY WOVEN WITH CREST		\$29.95
JACKET:	NAVY MICRO WITH HOOD AND EMB		\$65.95
PULLOVER:	NAVY WITH EMB	From	\$71.95
HAT:	NAVY BASEBALL STYLE WITH EMB		\$20.95

Sports Uniform

POLO:	SKY/NAVY/WHITE WITH EMB	From	\$48.95
SHORTS:	NAVY MICRO FIBRE WITH EMB		\$35.95
TRACK JACKET:	NAVY MICRO WITH HOOD AND EMB		\$65.95
TRACKPANT:	NAVY MICRO FIBRE WITH EMB		\$45.95

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BELL TIMES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY A	FRIDAY B
ROLL CALL	8:50	8:50	8:50	8:50	8:50 YEAR MEETING	8:50
PERIOD 1	9-10	9-10	9-10	9-10	9:20-10:15	9-10
PERIOD 2	10-11	10-11	10-11	10-11	10:15-11:10	10-11
BREAK 1	11-11:30	11-11:30	11-11:30	11-11:30	11:10-11:40	11-11:30
PERIOD 3	ASSEMBLY 11:30-11:40	11:30-12:30	11:30-12:30	11:30-12:30	11:40-12:35	11:30-12:30
PERIOD 4	11:40-12:40	12:30-1:30	12:30-1	12:30-1:30	12:35-1:30	12:30-1:30
BREAK 2	12:40-1:10	1:30-2	1-1:30	1:30-2	1:30-2	1:30-2
PERIOD 5	1:10-2:10	2-3	1:30-3	2-3	2-3	2-3



FOCUS ON ATTENDANCE

JJ CAHILL MEMORIAL HIGH SCHOOL

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight
M T W T F
M T W T F

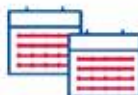
= **4** weeks



= Over **1** year missed

1 day per week
M T W T F
M T W F

= **8** weeks



= Over **2.5** years missed

education.nsw.gov.au

WHAT YOU NEED TO KNOW

J J Cahill Memorial High School is committed to working in partnership with parents to promote regular attendance at school so that all students can achieve their potential.

We have developed clear processes for monitoring and following-up whole and part day absences and this will include:

- Text message sent home for students who are absent which parents can reply to with a reason for the absence
- Letter sent to parents who have not explained their child's absence with a return slip for the school
- Follow up phone call to ensure the absence can be explained in a conversation

Regular attendance at school for every student is essential if students are to achieve their potential, and increase their career and life options which is why we are seeking to work together to give our students the best chance at school.



HOW YOU CAN HELP:

Help your child to establish good routines for coming to school

Let us know if your child will be away as soon as possible

Reply to attendance texts with the reason for your child's absence

Contact the school for support to improve attendance