

## 'WINGS'

J J Cahill Memorial High School  
school newsletter

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HONOUR

EXCELLENCE

RESPECT

OPPORTUNITY

'Wings' Issue 5 Term 3

September 2017

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## COMING EVENTS

<b>Year 11 Yearly exams finish</b>	<b>19 September</b>
<b>Year 12 Graduation</b>	<b>21 September</b>
<b>Last Day of Term 3</b>	<b>22 September</b>
<b>First day of Term 4</b>	<b>9 October</b>

FROM THE  
PRINCIPAL'S  
DESK

## ATTENDANCE TAKE TWO!

I know that I wrote extensively about attendance in the last newsletter. I feel that the subject is of great importance. If students are not at school, they are missing learning.

I would like to thank parents who have responded positively to the introduction of our SMS system. We set this up to ensure that ALL parents and carers know whether their child is not at school or late for school. It is a legal requirement for students to attend school every day the school is open for instruction and to provide an explanation for absences by means of a phone call, text message email or written note within 7 days of the first day of the period of absence.

The acceptance of an explanation is at the discretion of the principal. If an explanation is not provided by a family within 7 days the absence is described as unexplained or unjustified. It is very important to explain all absences. Explanations from parents may include,

- sickness,
- misadventure or unforeseen event,
- participation in special events not related to school, (this must be applied for prior to the event using the appropriate form and documentation),
- domestic necessity such as serious illness of an immediate family member,
- attendance at funerals,

- travel in Australia and overseas, (this must be applied for prior to the holiday using the appropriate form and documentation) and
- recognised religious festivals.

If the reasons given are persistent and result in attendance dropping below 85%, the principal may question the reasons and not accept them. With sickness, a medical certificate may be requested from the principal.

Attendance at school is of vital importance to ensure that students are not disadvantaged in their learning. It is important that parents work in partnership with the school to ensure that their children attend every day and arrive on time.

## SCHOOL REFUSAL

Staff recently received training in identifying students who are school refusers. I have included a document for parents titled, **'Getting to school and staying at school – Information for parents and carers'**. I recommend that all parents read this document. It provides information to help parents identify when their child is a school refuser and provides strategies to help parents ensure that their child attends school. It is essential that we work together to support students in attending school. If you have concerns or need help, please contact the school on 9669 5118. You can ask for the year adviser of your child or request to speak to the principal.

## FAREWELL TO TEACHING STAFF

It is with sadness I write to farewell two staff members, both leaving at the end of this term.

**Mr Thomas Fienberg** is a music teacher with exceptional talent. He has recently applied for and gained a promotion position as Head Teacher Creative and Performing Arts. This is a well-deserved appointment. I am sure that the whole community knows Mr Fienberg. He is an amazing teacher, who is highly committed to providing the best outcomes for ALL students. He regularly delivers outstanding HSC results, which are above the state average. Students in his classes most always attain their best result in Music.

As you likely know, Mr Fienberg has been instrumental in building JJ Cahill's Premier event of the year, Big Night Out. This is a musical and performance extravaganza that displays the talent of students and is always a packed event. Big Night Out is a wonderful legacy to leave our school. Mr Fienberg has also worked to develop the talents of younger teachers to ensure that the music programs at this great school continue into the future. He is a significant part or not only our school community but also the wider community, playing for the ANZAC day service each year with one of our previous students. His work this year resulted in one of our students invited to the Opera House to perform at Encore.

**Ms Brenda Doran-Higgins** came to our school as a temporary teacher to work with staff to focus upon literacy. She has both a primary and high school teaching background and is one of our PDHPE teachers. Ms Doran-Higgins recently gained a position at another school as Head Teacher Welfare – PDHPE. She is passionate about our students at JJ Cahill Memorial High School, with excellent coaching skills and a high-level ability to build effective teams. I know she will leave a big hole in the PDHPE faculty and be sorely missed by students and staff.

## VET AWARDS

I want to recognise Allan Ashley (pictured, right), one of our Year 12 students for achieving a VET Excellence Award for Construction from the Southern Sydney Business Education Network. I was fortunate to attend a breakfast in honour of student achievement in VET subjects across the Sydney area. Allen was accompanied by his father, Mr Kurt Ashley, who was very proud of his son. Well done Allen!



## DEADLY KIDS AWARDS

I attended the presentation of the Deadly Kids awards at the Great Hall of the University of NSW. Yilara Widders, a Year 8 student, received the award for JJ Cahill Memorial High School. She is a wonderful young woman who is growing in confidence and demonstrating leadership skills well beyond her years. She is truly a deadly kid. We are proud of you Yilara. Well done!

Ralph David,  
Principal



## DEPUTY PRINCIPAL'S MESSAGE

### FAREWELL YEAR 12

I would like to bid the current Year 12 students a fond farewell. I started my tenure at JJCMHS on the same day they started Year 7. It certainly has been an interesting six years of stories, events, experiences and opportunities. I know I speak for all the staff to say it has been great watching them grow into confident adolescents ready for the next chapter in their life. It has been our pleasure to have them at our school and invite them back anytime they want to catch up, inform us of what they are doing or just to say hello. We look forward to seeing and hearing about your exciting and new adventures ahead of you.

## TELL THEM FROM ME SURVEY

Each year we ask students to tell us their opinion regarding their overall school experience. Each year for the past four years the school has participated in a survey from The Learning Bar called Tell Them From Me. This year the survey had a Focus on Learning with emphasis on student engagement, belonging, advocacy and application to learning. This year the invitation to participate in the survey will be extended to parents and the community. Please look out for links and passwords to be issued to you over the next few weeks so that we can use your insight and feedback as to the effectiveness of our teaching and support of students.

John Mifsud,  
Deputy Principal

## A DAY OUT FOR YEAR 10 ENGLISH TO SEE SHAKESPEARE'S 'MACBETH'



In mid-August, a number of Year 10 English students had the opportunity to see William Shakespeare's Macbeth at the Sydney Opera House. Year 10 studied the play during Term 1 and to see a live performance was a fantastic opportunity. The production was by Bell Shakespeare, a premier Australian theatre company which specialises in the works of Shakespeare.

Many of us found it fascinating to see the staging decisions made in the production. This was particularly true in how they decided to bring Macbeth's visions to life on the stage. Some staging and props also connected the play to a modern context and brought a new perspective which was interesting to consider.

Thanks to everyone who came along and all the teachers who made the trip possible.

Ms Tyson  
HT Teaching & Learning

## ALL THE LATEST FROM HSIE

We'd like to extend a warm JJ welcome and thanks to Miss Rice who this term has significantly helped the HSIE faculty by taking a range of different classes and courses. This term the HSIE faculty have worked hard teaching junior students about Australian Geography, Globalisation, Ancient Rome and Coastal Management. In senior classes we have been diligently preparing for Preliminary HSC examinations and Year 12 has been working towards completing content and starting their revision for their HSC examinations which are coming up fast. The staff looks forward to working closely with students during the remainder of this term and school holidays to help them prepare for their HSC. Good luck, Year 12!

This term saw HSC Society and Culture students completing and submitting their Personal Interest Projects. Students completed a 5,000-word essay on a topic of their choosing. They completed social research including interviews, conducting questionnaires and a few personal reflections. These were all compiled with secondary research and turned into amazing final pieces. These were submitted to NESA and become essential to their HSC marks.

It hasn't all been work and no play for the HSIE faculty this term. Several excursions were planned and undertaken. Coming up later this term Year 9 Commerce is travelling to Taronga Zoo to complete the Wild Ropes Course as part of their topic on Travel. With more to come next term, including the annual Year 10 geography coastal management excursion to Cronulla, it's all happening in HSIE!

Emily Lawson on behalf of the HSIE Faculty

## THE TAS/PDHPE FACULTY HAS BEEN BUSY THIS TERM!

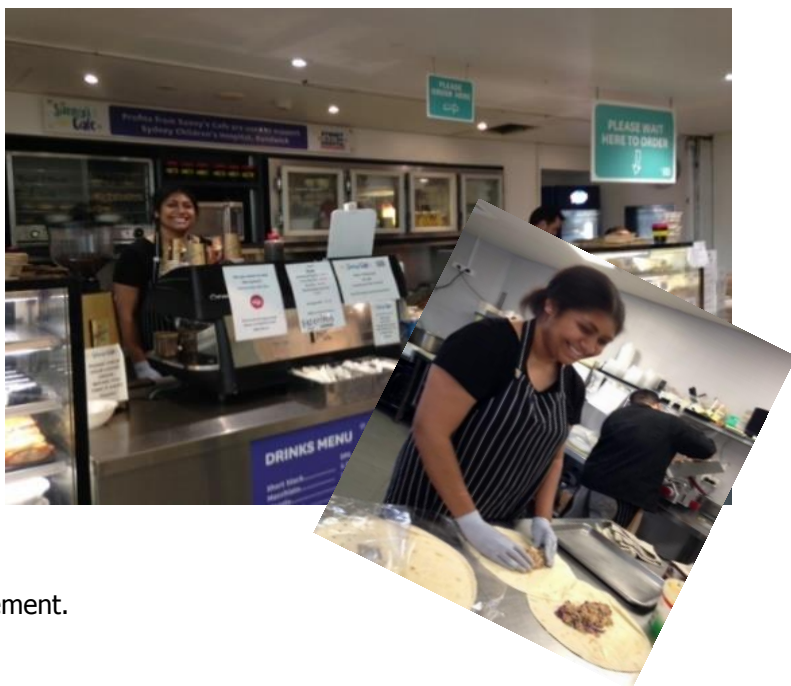
### YEAR 11 HOSPITALITY WORK PLACEMENT

During Week 7, Year 11 Hospitality went on work placement to gain valuable industry experience and skills as part of their VET Hospitality Food and Beverage Course.

The feedback from employers was positive. Students worked in various local venues including Michels Patisserie, Mascot Corner Café, The Children's Hospital in Randwick, Charcoal Chicken Mascot, Istanville Turkish Kebabs, and Tradewinds Café. There was one student who worked in the city at the Tattersalls Club, learning how to set up functions and also serve food and beverages to busy city workers.

The Year 11 Hospitality students represented JJ Cahill Memorial High School with great enthusiasm and a positive "can do" attitude.

Pictured at right is Litia Tagaloa enjoying her work placement.



### YEAR 9 FOOD TECHNOLOGY

Year 9 Food Technology had their practical assessment task on the 6<sup>th</sup> September. They made and designed cakes for a child's birthday.

The students came up with a variety of colourful designs. These are the final products designed by Nikki Mills, Michala Kritikos, Jobeth Murillo and Zeynep Aksoy.





*Jessica Forman designed a tropical cake, which received top marks.*

Miss Ng,  
Hospitality Teacher

## SUPPORT UNIT 1 IN FOOD TECHNOLOGY



*Mrs Prasad's SU1 Class are pictured above with their fabulous Swiss quiches!*



## STAFF VICTORIOUS

The staff were victorious in the final staff vs students game for this year, taking down the students 7-0 in indoor soccer. In the deciding game, the teachers dominated with the students unable to get any past the keeper. Well done Ms Doran, Mr Fienberg, Mr Goudis, Mr McNaught, Mr Theodorou and all other staff who have played this year on their tournament victory!



## JJ WOMEN IN SPORT INITIATIVE

As mentioned earlier this term, the female PDHPE students of JJ have been aiming to be actively engaged in sport and PDHPE classes this term to be able to attend the upcoming Women's Ashes cricket tournament in Term 4. It was awesome to see a large number of the female students at JJ leading active, healthy lives and being positive participants in their classes this term. The following students demonstrated to an exemplary level the initiative's criteria and will be invited to attend the upcoming match. Congratulations ladies!

### Year 7

Mahana Delamere-Mill  
Tahlia Akbaba  
Alisa Akbaba  
Zara Nuku Atkinson

### Year 8

Alexandra Bakss  
Paige Rantino  
Norhan Bakr  
Lauren Tarabay

### Year 9

Aisha Ors  
Charina Jackson  
Jada Karam

### Year 10

Giuliana Miranda Nobre  
Cassie Kocanovski  
Michelle Elliot  
Kiana Kifoto

### Year 11

Gia Kelaiditis  
Jenna Baziotis

### PDHPE electives

Kaea Murphy  
Tasilina Folau  
Kyisha Sue  
Lili-Scarlet Furey

Ms Doran  
PDHPE Teacher



## FAREWELL AND GOOD LUCK!



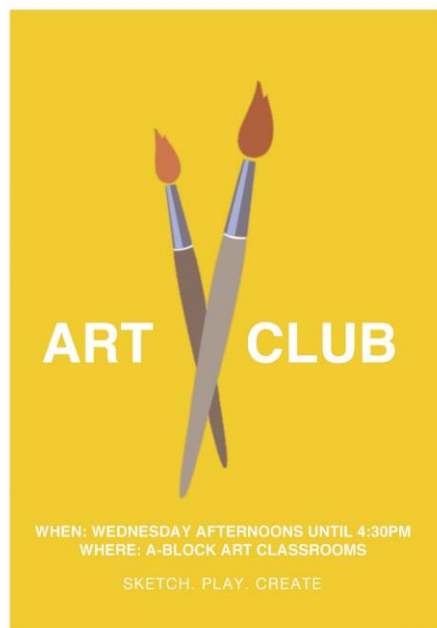
Unfortunately, we are losing a dedicated member of our staff. Ms Doran has gained a Head Teacher position at Dulwich High School of Visual Arts and Design. It has been a pleasure to work alongside Ms Doran and I would like to thank her for everything she has done for the school.

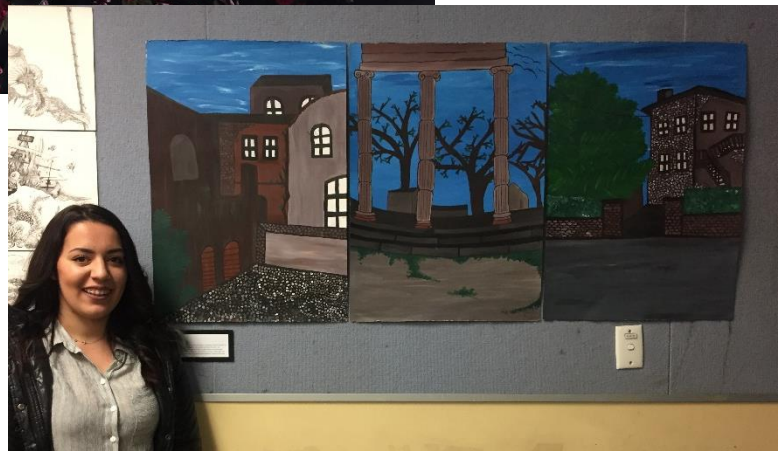
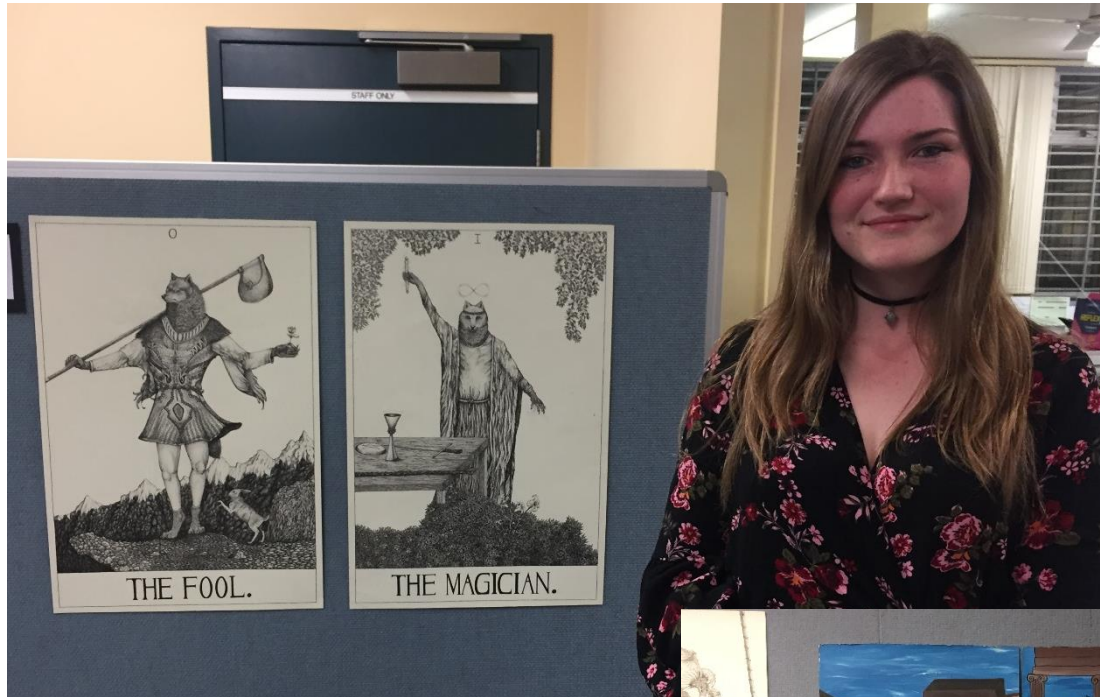
Her commitment towards education is second to none and our school has reaped the benefits of her devotion. Congratulations, all the best and good luck in the next chapter of your career. You will be sorely missed.

Mr McNaught  
TAS/PDHPE

## A PEEK AT OUR WONDERFUL HSC ART WORKS

Congratulations to Year 12 Visual Arts students on the completion of their Bodies of Work! Students proudly displayed their works on the Big Night Out to a large audience. Students received a lot of positive comments and feedback. Well done Year 12 Visual Arts!







## DEADLY KIDS DOING WELL AWARDS

On September 8, Yilara Widders in Year 8 was the recipient of the 2017 Deadly Kids Doing Well Award. 'Deadly' is an Aboriginal English word for 'great', 'excellent' or 'fantastic'. This award can be received by one ATSI student from each school in the Ultimo region. These students must attain some or all of the following:

- Attend school regularly
- Completes set tasks (such as homework and assigned duties)
- Has improved in their school work
- Is achieving at a high level
- Is a positive leader



Yilara is a future leader of her community and school. This is a fantastic award to receive and it is well deserved. Congratulations Yilara, marri (great) work!



The pictures show Yilara at the awards ceremony. At left is Yilara with Mr David and Mr McNaught. Above is Yilara with four generations of her family.

Luke McNaught  
Aboriginal and Torres Strait Islander Programs Coordinator

## SOME BEAUTIFUL ART FROM SU1



*SU1 recently completed this wonderful artwork called 'Under the Sea'.*

## BSTREETSMART

On 15 August, a group of Year 10 students attended the Bstreetsmart road safety event at Qudos Bank Area at Sydney Olympic Park.

The NSW Premier, Gladys Berejiklian and NSW Transport Minister Melinda Pavey, welcomed the students to the event. Ms Berejiklian stated that education was the key to keeping young drivers safe on our roads and that the NSW government was doing all it could to support young drivers and reduce the number of young people dying and being injured in motor vehicle crashes in NSW.



The Bstreetsmart event was about real life road safety experiences. We heard from real life road trauma survivors who had been involved in crashes that had impacted their lives. We were shown a confronting crash scenario which depicted a common road crash scenario involving young drivers. The crash scenario was delivered in real time, demonstrating what happens from impact to triple zero call and emergency service arrival, hospitalisation and processing at a police station.



We enjoyed listening to different speakers telling their stories and seeing how much their lives had changed due to the fact someone other than themselves had not obeyed the road rules and made poor decisions. Our key takeaway from this excursion was that your life could change in a split second, whether you are a driver who is not paying attention to the road or a distracting passenger. Through the experiences on the day we have learnt that life is too short so you

should just enjoy your life while you have it, because you don't know when it can end or when it can change forever.

Thank you to our teachers Ms Doran, Mr McNaught and Mr Theodorou for taking us and assisting us on the day.

By Katerina Kritikos and Katie Bounatsos - Year 10

## FAREWELL YEAR 12

The end of Term 3 always brings with it the sadness of farewelling Year 12. This year I feel their departure all the more acutely as we began our time at JJ in the same year.

It has been wonderful to see the growth in maturity of Year 12. They have overcome and endured many challenges and changes during their high school years, and have come out the stronger for it.

During their 6 years here at JJCMHS, Year 12 have been supported by four different, but equally fantastic, year advisers – Ms Bezzant, Ms Ferguson, Ms Jessop and Mr Potter. I want to thank each one of them for the care and compassion they have shown Year 12 and for being the determined advocates that each of these students deserve.

I particularly thank Mr Potter for all his efforts over these demanding last two years of Stage 6. He has supported, and continued to support, all our students as they negotiate the final stages of their secondary education and look towards what lies ahead.

I wish you all the very best, Year 12, and trust that you will take all the lessons you learnt here into a great future.

Margaret Tyson,  
HT Year 12



## ¡HOLA! YEAR 11

Term 3 has been busy indeed for Year 11 and Señora Pérez alike! We started off in Week 1 with the Crossroads Program both at Broken Bay Sport & Recreation Camp while some students chose to complete the same at school.

This is a mandatory program for students in Years 11 or 12 in NSW government schools. It extends on student learning in PDHPE. Crossroads is designed to help senior students address issues of health, safety and wellbeing at a time when they face significant changes and challenges in their lives. Crossroads aims to prepare and support students as they encounter situations related to identity, independence and their changing responsibilities.

This is also a very important transition phase as we are about to commence the Year 11 Preliminary Exams and coursework must be completed to meet the requirements for Year 12 and the HSC.

It is a good idea for Year 11 students to ensure they revise all of their work for the whole year and keep their books and notes as this is content that will be needed in Year 12. Now is the time to set yourself on NSW Students Online if you haven't already done so: <https://studentsonline.nesa.nsw.edu.au/>

Best of luck to everyone, but more importantly, keep striving for your personal best. In the meantime, please enjoy these pics from our camp!

María Encarnación Pérez

Year 11 Adviser









## WELL DONE, YEAR 9!

For this term I had been offered the opportunity to step into the relieving Year Adviser role for Year 9. A role I gladly undertook with so many interesting students with all different types of potential. I would like to extend my thanks to Year 9 students this term who participated with enthusiasm and sincerity in PBL lessons, took advice given to them and tried their best to create their own opportunities within and outside the classroom.

We spoke this term about choosing the right behaviours to use in an educational setting. This tied in well with our PBL value lessons. Students were asked to make a goal that they would try to meet over a month. These goals were little things they would do in the classroom or out that could improve their learning. Students came up with lots of ideas and I hope they will continue to think about these lessons as they move through Year 9 into Year 10 and further.

I have had a fantastic term being a mentor to these students and I can't thank them enough for their mature attitude towards change in the school.

Emily Lawson,  
Relieving Year 9 Adviser

## YEAR 8 HAVE GOT (POETIC) TALENT!

The following are two amazing poems from Michelle Taylor and Nathan McCarthy in Year 8. Both are talented young writers and we look forward to seeing more of their work!

### **The Past – By Nathan McCarthy**

Red dry sandy blowing dust  
Glides over the crater of cultural crust  
Peaceful land it once was  
Ravaged by the greedy men 'cause  
Australia keeps giving and giving  
Us the memories they're reliving  
Of the 2,000 languages that were lost  
And the endless cultural true to soul  
costs

### **A Lost Love - Written by Michelle Taylor**

Scarlet lips, stained by her heart.  
She lost her love, now eternally dark.  
Does he hide in the shadows, watch from afar?  
Haunt his portrait, come alive in the dark?  
And though she has aged and somewhat moved on,  
The memory stays and his presence lives on.

Tamara Tickle,  
Relieving Year 8 Adviser

## STAGE 5 GALA DAY

On Tuesday 29th August Year 9 and 10 students participated in Stage 5 Gala Day at Heffron Park, Maroubra. JJ Cahill had a boys' soccer team, and one girls' and one boys' touch football team.

This was an opportunity to play against other schools within the Eastern Suburbs zone. As usual the competition was fierce as most schools were well represented with their "gun" players. JJ's boys' touch team was able to make it to the final only to go down 3 points to Rose Bay's 4.



Congratulations to all players for showing commitment to each other and striving for excellence. Special mention goes to our senior referees for helping on the day consisting of Ali Baddour, Allen Ashley, Nickolas Remondos, Timote Fifita, Tasi Folau, and Kaea Murphy. Lastly, thank you to Ms Doran and Mr Potter as team managers.

# WANT TO PLAY NETBALL?



## TEAM NETBALL

### CLINIC and COME & TRY DAY - FREE ENTRY

23 SEPTEMBER 2017 9:00am - 11:00am at  
VENUE: HEFFRON PARK MAROUBRA

**LIMITED NUMBERS SO BOOK ONLINE @ [www.teamnetball.com](http://www.teamnetball.com)**

FREE SKILLS & GAMES WITH GUEST COACHES NSW SWIFTS and AUST U/21  
PLAYER CLAIRE O'BRIEN & NSW U/21 and SPARKS PLAYER KARA STYLES  
PLUS EXPERIENCED REPRESENTATIVE COACHES.

You can sign up for our South East Twilight Netball Competition on the day.



### SOUTH EAST TWILIGHT NETBALL LEAGUE

AT HEFFRON PARK MAROUBRA  
FOR 10 yrs to U/21s - \$100 per player  
STARTS WEDNESDAY 11th OCTOBER  
TEAM AND INDIVIDUAL REGISTRATION AND ALL  
INFORMATION ON WEBSITE: [www.teamnetball.com](http://www.teamnetball.com)

**CONTACTS:**

**[robyn@teamnetball.com](mailto:robyn@teamnetball.com) OR [narelle@teamnetball.com](mailto:narelle@teamnetball.com)**





**2017/2018**  
**BRONZE MEDALLION COURSE**





**Test your limits and give back to the community by becoming a Surf Lifesaver at Maroubra SLSC.....**

- Gain fitness, learn surf awareness and essential skills to one day save a life, such as CPR, first aid etc.
- Join Australia's Largest Volunteer Organisation

**NEXT COURSE STARTS**

**Wednesday 4th OCTOBER 2017**

**Induction/Info Night – 6.30pm Start**  
(Upstairs at the club)

For an info pack or to register you interest, email our chief instructor Paul at:  
**maroubraeducation@gmail.com**






Maroubra SLSC

— Your Health Link —

## National Photographic Competition

### PANORAMA: HEALTHY LIFE HEALTHY YOU



\$45,000

IN PRIZES  
TO BE WON

**Competition closes  
8 October 2017**

[www.yourhealthlinkphotocomp.com.au](http://www.yourhealthlinkphotocomp.com.au)

Primary and high school students are encouraged to get ready to grab their trusty camera, mobile phones or tablet and capture images that promote 'Healthy Life - Healthy You' for a chance to win a range of great prizes.

Schools are also the big winners with \$13,000 in prizes to support healthy school canteen programs.





**Health**  
Mid North Coast  
Local Health District





**Health**  
Mid North Coast  
Local Health District

**Office of the Chief Executive**

28 August 2017

To the Principal

**Your Health Link National Photographic Competition  
Panorama: Healthy Life | Healthy You**

We all have a shared vision to see our children grow up to be healthy and happy adults with positive opportunities for their future.

Teaching children about the importance of a healthy lifestyle is vitally important. By working together, we have a unique opportunity to engage students in new and exciting ways to encourage them to talk about good health and what it means to them.

That's why Mid North Coast Local Health District (MNCLHD) has launched the 2<sup>nd</sup> National Photographic competition, to get the community thinking and talking about health.

The Your Health Link National Photographic Competition is designed to increase health literacy among Australian school children and schools, and to link young people with great websites where they can learn about good health. It will also promote and support the provision of healthy food environments at school.

The competition includes two categories for Primary School and High School students, entry is free.

We seek your assistance in encouraging your students to grab their mobile phone, tablet or trusty camera to capture images that promote healthy living as entry is free for students.

The prestigious event, offering \$45,000 in prizes, complements the National Healthy School Canteen (NHSC) guidelines and our state and territory governments' approach to promoting healthy food and drinks at schools.

Healthy canteens are integral to supporting good nutrition and healthy choices at school. National, state and territory guidelines for school canteens provide a Government-endorsed approach to assist schools with identifying healthier food and drink options to offer for sale in their canteens.

The Mid North Coast Local Health District and our Competition Partners support these guidelines by providing awards to individual student photographers as well as their school to support their healthy school canteen programs or similar initiatives.

The photographic competition, which will culminate in an exhibition at The Glasshouse in Port Macquarie on 17 November 2017, will engage art galleries, community and state organisations through a health literacy partnership and sponsor program.

To find out more about the competition and how it can help support healthy food options for children and schools, visit our website <https://www.yourhealthlinkphotocomp.com.au/>

Yours sincerely

**Stewart Dowrick**  
**Chief Executive**

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