

JJCMHS WINGS

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Upcoming Dates

27th September - Term 3 ends

14th October - Term 4 starts

15th October - HSC Exams start

16th-18th October - Year 11 LifeReady Camp

25th-27th November - Year 7 Swim School

19th December - Term 4 ends

From the Principal

As we approach the end of Term 3, 2024, it's time to bid a fond farewell to our Year 12 students. It feels like just yesterday that they were nervously transitioning into Year 7, small fish in a big pond. Now, they've grown into confident individuals ready to face the vast ocean of the world, whether in work or further study. We hope you enjoy your graduation ceremony and dinner - it's a significant milestone that deserves celebration. However, remember that there's still work ahead. Stick to your revision plans, and lean on your teachers for support. We wish you the very best in your final exams and beyond. Please return and share your achievements with us; we'd love to celebrate your successes.

Term 3 has been incredibly busy, and I can see the exhaustion on many faces as we approach the break. But it's been a term full of remarkable highlights:

- **The Great STEAM Challenge:** Students from Botany PS, East Lakes PS, Mascot PS, and Gardeners Road PS, along with our own Year 7 students and Year 8 mentors, came together weekly to build solar cars. The challenge concluded with an award evening attended by students, staff, and parents. A special thank you to Ms Batista De Mello for coordinating this event, and to Mr Lucas for his tireless efforts in developing resources and constructing a racetrack. This initiative truly showcased High Potential and Gifted Education at its best!



- **Showcase at Souths Juniors:** Our talented Pacific Islander dancers, led by Senolita P and Litia T, performed with remarkable flair. Mikayla P's rendition of "Mirror" with Mr Lim-Klumpes on piano was a highlight. Mr Lim-Klumpes' dedication to preparing high-quality performances continues to impress year after year.

- **Cantabile at the Sydney Opera House:** Azra B represented our school with a breathtaking performance of "I Love You More Than You'll Ever Know," accompanied by Mr Lim-Klumpes. Cantabile is a festival celebrating the musical achievements of over 1,000 students from public schools across NSW, and Azra's

performance was a standout.

- **Bayside Spring Fair:** Our school performed at Jack Munday Reserve, led by Mr Lim-Klumpes, with our P&C, staff and SRC running a stall to promote the school. Thank you to all staff and students who participated and performed.

- **Election Day Sausage Sizzle:** Mr Nguyen and Ms Kharitos organised a successful sausage sizzle with Year 11 students and some parents, making Election Day a community event to remember.

- **Enrichment Opportunities:** Ms Batista De Mello has been actively organising various enrichment programs, including Engineers Without Borders and the UNSW STEM Champions program. Additionally, taster lessons for Year 5 students from Mascot, Gardeners Road, and Eastlakes PS were organised with the support of our excellent teaching staff, including Mr Sneddon, Mr Lucas, Ms McInnes, Mr Lim-Klumpes, Ms Evans, and Mr Smith.

These events represent just a glimpse of the extraordinary opportunities provided by our dedicated staff at JJCMHS. What an amazing school we have, filled with talented students who continually rise to the challenge.

Wishing everyone a safe and restful holiday.

Year 12, keep up the hard work and stay focused. The finish line is in sight!

Ralph David



From the Deputy Principal

It has been another great term with so much happening and opportunities for students with guest speakers, workshops, excursions, culminating with the Year 12 graduation.

KEEP ON 'KEEPING ON' YEAR 12

Term 3 marks the end of formal classes for our Year 12 students. Their legacy will be their contributions to the community and their leadership in cultural contributions and performances at school events. This cohort showed a lot of character, resilience, strength, humour and camaraderie throughout their time at JJ. They have formed close and enduring friendships, which we hope will remain for days beyond their schooling. Thank you to all the parents and families who have helped us to support these students with their development into young adults. As parents, please encourage your child to continue with their studies during the school holidays in pursuit of thorough preparation and personal excellence, striving to do their best for the HSC. There is always content that students can re-do, practice, revise or read again applying formulae, quotes and terminology efficiently and effectively.

HSC EXAMS BEGIN ON TUESDAY 15 OCTOBER 2024.

Have a great holiday break everyone!!

John Mifsud



From the Acting Deputy Principal Community and Engagement

What an exciting term it has been! We extend our heartfelt thanks to all the staff, parents, primary school students, and community members who have spearheaded innovative and engaging projects that truly highlight the exceptional opportunities our school provides.

The Great STEAM Challenge II and Awards Evening

During Terms 1 and 2, we offered a High Potential and Gifted Education program to students from our local primary schools, featuring a STEAM challenge hosted at J J Cahill Memorial High School. This initiative, which began last year, created a unique opportunity for primary students to collaborate, design, and compete. The project brought together students from Botany Public School, Eastlakes Public School, Gardeners Road Public School, and Mascot Public School to create solar-powered cars, integrating skills from Industrial Arts, Science, and Visual Arts.

Mr Greg Lucas, our TAS/Engineering teacher, and I, co-led the project, supported by Mr Steve Smith, Head Teacher of Science, and Ms Georgina McInnes, Visual Arts Teacher. Mr Lucas's expertise and dedication were crucial to the project's success. His extensive experience as an educational leader and HSC teacher provided valuable guidance, helping to extend the students' learning. Modelled after the 'International F1 Challenge', the program was enhanced this year with the addition of a Year 7 team - Anna B, Madi M, Jaseen A, and Ashton S - who may have the opportunity to compete in the UNSW sprint competition in the future. Additionally, Year 8 students Gale B, Reon P, Ethan R, and Stella G served as mentors, offering valuable support to the younger participants.

The 2024 program featured an advanced car model with sophisticated gears, challenging students to explore gearing and gear ratios. The challenge encouraged critical thinking about design, aesthetics, and teamwork while developing skills in science and visual arts. The project culminated in a full-day event, which exceeded our expectations in terms of the quality of the student output and the success of the day. On a newly designed racetrack created by Mr Lucas, students tested their solar cars.



Despite time constraints, due to the commitment of staff, students and the dedication of mentors, the day was a resounding success, with bright sunshine and thrilling races.

We extend our gratitude to all participating primary schools and students, as well as to our dedicated staff. Your enthusiasm and hard work made this project memorable. Congratulations to the winning team, 'Valkyrie'!

Bayside Spring Fair 2024

A key part of my role involves collaborating with Mr David and our P&C to explore exciting opportunities with our community. With the support of our P&C, SRC, and staff, I had the pleasure of leading our J J Cahill Memorial High School Bayside Fair promotional stall. We celebrated our community's cultural diversity, promoted our outstanding school, and enjoyed remarkable performances from our students. The P&C's spinning wheel, featuring STEAM challenge logos, free prizes, and stickers, was a huge hit. Thank you to all parents, staff, and students who supported our stall.



Primary School Taster Lessons

This term, our fantastic team of educators - Ms McInnes, Mr Sneddon, Mr Smith, Mr Lim-Klumpes, Mr Lucas, and Ms Evans - provided engaging taster lessons in Visual Arts, Drama, Music, Science, Industrial Arts, and Sport. We deeply appreciate the collaboration of our partner primary schools Eastlakes Public School, Gardeners Road Public School, and Mascot Public School. Their support has been invaluable in helping us build strong relationships with local primary students and ease their student's transition to our school. The taster lessons have been very well received, and we look forward to offering more exciting opportunities in the future.



University Partnerships

This term has been a great time for promoting our university opportunities. On the 3rd of September, a group of High Potential and Gifted Year 10 and 11 students participated in a UNSW Science, Technology, Engineering, Mathematics, and Medicine (STEMM) workshop. On the 5th of September, Dr McGregor and the UNSW STEMM Champions visited our Year 9 students to promote STEMM fields and inspire them. We were thrilled to host over 13 female university students who shared their university experiences with our students.



Promotional Material

A big thank you to Ms Mougios, Ms Patten, Ms McInnes, and Ms Rosewarne for their leadership and support in developing our promotional platform in preparation for Open Night 2025. Our team has been working diligently on a range of projects, including new enrollment banners, a marching banner, pull-up banners, a 360-degree virtual tour of our school, newsletters, fortnightly community updates, and updates to our Facebook, Instagram, and website, as well as designing our prospectus. We're excited to keep you informed about all the wonderful things happening at our school through our social media channels. Stay tuned for more updates!

Sian Batista De Mello

Bayside Spring Fair 2024

Our P&C team proudly led and supported the J J Cahill Memorial High School Bayside Fair promotional stall. We celebrated our vibrant community's cultural diversity, showcased our fantastic school, and enjoyed incredible performances from our students. The P&C, with the help of the SRC, delighted attendees by giving away free prizes and stickers through a fun spinning wheel. A huge thank you to all the parents who made this important event a success!



P&C meet every term in week 3 and week 8 at 6:30pm at the school. Come and join our meetings or contact the P&C via this email. jjcahillpandc@gmail.com

J J Cahill P&C

Library

As we approach the end of the term, our library has been a vibrant hub of activity and learning! The students have been encouraged to request books that they wish to be ordered and in response we have added a range of new books to the library collection. This has resulted in an increase in students borrowing books. In particular, the Manga books have been very popular. Remember to check out our 'New Arrivals' section which is displayed next to the library desk!

The library has also been a place where students have had the opportunity to be involved in activities such as RAISE mentoring, Berry Street lessons, Chess Club, workshops and a variety of informative and engaging incursions.

Thank you to everyone for your enthusiasm and support. We look forward to more exciting activities, learning opportunities and of course, more chances to explore the joy of reading in the coming term!

Erin Parker

Year Advisors

Year 7

As Term 3 concludes, we celebrate the achievements of our Year 7 students. This term has been vibrant with learning and personal development. A standout event was 'R U OK? Day', where students engaged in meaningful conversations about mental health and wellbeing, fostering a supportive community. This initiative encouraged everyone to check in on friends, and build strong, empathetic connections.

In addition, Year 7 students embraced the teachings of the Berry Street Education Model, focusing this term on developing a growth mindset. Through interactive lessons, they learnt the value of perseverance and viewing challenges as opportunities for growth. This approach empowered students to tackle academic and personal obstacles with resilience and optimism.

Congratulations to all our Year 7s for a fantastic Term 3. Enjoy your break, and we look forward to more achievements in Term 4!

William Truss

Year 8

As we wrap up Term 3, it's a wonderful time to reflect on the achievements and exciting events that have marked this term for our Year 8 students. Our cohort has been buzzing with activity, and we couldn't be prouder of the enthusiasm and dedication shown by our students. Here's a snapshot of some standout moments from the past few months:

RAISE Mentoring

Every Thursday, a group of our Year 8 students have been participating in RAISE Mentoring sessions, a key component of our commitment to fostering emotional resilience and positive mental health. These sessions have provided invaluable tools for managing stress, enhancing self-awareness, and building strong, supportive relationships.

Careers Excursion to Sydney Airport

In an effort to broaden our students' horizons and offer practical insights into the world of work, our Year 8 cohort embarked on an exciting careers excursion to Sydney Airport. This immersive experience allowed students to explore various career pathways, witness behind-the-scenes operations, and interact with industry professionals. The trip was not only educational but also inspiring, sparking new interests and aspirations among our students.



Gala Day Soccer Squad Shines

A huge congratulations is in order for our Year 8 Soccer Squad, who displayed exceptional skill and teamwork at this year's Gala Day. The squad emerged undefeated, showcasing their hard work and dedication both on and off the field. Their sportsmanship and team spirit were truly commendable. Well done to all the players involved!

STEAM Project: Mentoring Primary School Students

Our Year 8 students have also been actively engaged in a meaningful STEAM project, where they took on the role of mentors for students from local primary schools. This initiative not only allowed our Year 8s to apply their knowledge and skills in real-world contexts but also gave them the opportunity to inspire and guide younger students. The collaboration fostered a sense of community and highlighted the importance of sharing knowledge and supporting each other.

Wishing everyone a restful and enjoyable break, and we can't wait to see you all back for an exciting Term 4!

Ian Hooper

Year 9

At the beginning of the term, Mr Nguyen became the Year 9 Year Advisor and continued the wonderful work that started with Ms Kharitos and Ms Dwyer as the cohort's previous advisors. As the term developed, the cohort continued to show a commitment towards growing and striving towards excellence in all aspects of school, of which some notable moments are to be recognised in this term.

This term, Year 9 was fortunate to have the opportunity to be introduced to pathways after school, and discover the opportunities available in Science, Technology, Engineering, Maths and Medicine

(STEMM). The cohort engaged enthusiastically, listened and responded attentively to the guest presenters from UNSW in the library seminar, and discovered many wonderful pathways that are available from school towards higher education.

Year 9 has also seen a strong growth in leadership across the school, with many members actively participating in SRC and various other school initiatives outside of the classrooms. It is wonderful to see the development of leadership and commitment to extra opportunities and will see Year 9 grow into a cohort that excels in many areas.

Phil Nguyen

Year 10

As we near the end of Term 3, I want to congratulate all our Year 10 students on completing their subject selections for senior school. This is an important step toward shaping their future academic and career pathways. It was great to see such thoughtful decision-making from everyone.

High Potential students, Reinhart B, Andy C, Kevin C, Ashton D, Yusuf K, Greg K, Omar L, Flynn V, Amos W and Rin Y, participated in the 'NSW Transport STEMC Careers Day' and 'UNSW STEMM Workshops'. Our students represented the school admirably and gained valuable insights into the exciting opportunities in STEMMC (Science, Technology, Engineering, Mathematics, Medicine and Construction) fields. Students are to be commended for their participation in a mini construction challenge.

Tom W represented our school at the NSW Interschool Snowsports Championships. His hard training and perseverance paid off and we are extremely proud of his efforts in tough conditions. Tom finished 3rd in the Cross Country Classic event and 5th in the Biathlon and qualified for the 'National Interschools Snowsports Championships' in Perisher.

I'd also like to acknowledge Ula F, Allira M, Josaia N, Paula N, Joanna-Lee S, Kian S, Mele T and Tevita T for their incredible performance at 'The Juniors Showcase'. You all brought so much talent and authenticity to the stage and made our school community incredibly proud.

With just a few months left before the end of Year 10, I encourage all students to maintain their focus and stamina as they work towards attaining their Record of School Achievement (RoSA). Keep pushing yourselves, and remember that the effort you put in now will set you up for success in your senior years.



'Be proud of how far you've come and never stop pushing to be the best you can be.'

Jenna Evans

Year 11

Our Year 11 cohort wrapped up their penultimate year of schooling, marking a significant milestone in their academic journey. They showed a growing maturity in their approach to their coursework and studies. Their final preliminary examinations took place in Weeks 9 & 10 of the term. I wish them all the best for their results.

They were also involved in many important activities, showing leadership at both school based events and external events as representatives of the school. It has been impressive to see our cohort step up and support many events throughout this term. We look forward to inducting some of these students into our School Leadership Team next term in a special assembly.

After the holiday break, they'll commence Year 12 studies, officially beginning their final year of school. The journey kicks off with the Cataract Camp in Week 1 of Term 4, offering a great opportunity to bond and prepare for the year ahead with the 'Life Ready' program integrated into the camp program. As they transition into Year 12, it's crucial to stay organised, study hard, and establish strong routines. Congratulations to the HSC Class of 2025 on making it to this pivotal point - your school finale is just around the corner!

Georgina McInnes

Year 12

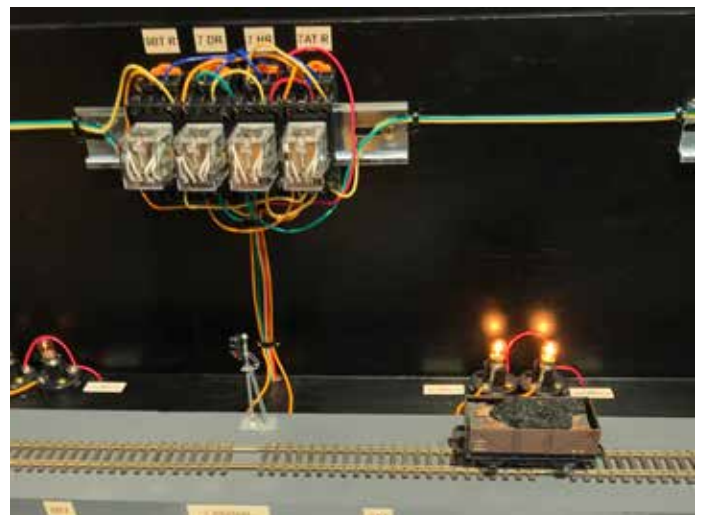
Congratulations on reaching this significant milestone in your school journey! We're excited to celebrate your achievements at the upcoming graduation ceremony and formal dinner. Families of Year 12 students are invited to join us as we commemorate the completion of your high school career.

As Term 4 exams approach, please remember that our primary goal is to support you. Stay focused on your studies and use the feedback from your teachers on practice exams to guide your preparation. We're here to help you navigate these final steps, so make sure to take full advantage of the resources available. Thank you for being such a wonderful group, and we look forward to celebrating your successes with you.

Sally Jessop

Careers

Another busy term in the Careers space. At the start of the term, a group of senior students attended an Engineering Careers Session at UTS to hear about their experiences studying at the university, had a tour of the university campus and received some valuable advice about their possible career pathways. They finished the fun afternoon with pizza for lunch shared amongst students from other high schools and UTS students.



Year 10 students have had their subject selections this term and a group of students participated in a Virtual Reality Careers Session at school where they did careers quizzes to discover their personal qualities, strengths, weaknesses and possible career options. They also build virtual reality goggles to give them a virtual experience of various occupations.

A group of Year 10 and Year 11 students participated on an excursion to NSW Transport STEM Career Day at Sydney Olympic Park. This program is part of a strategy to increase awareness of the number of careers in Science, Technology, Engineering, Maths and Construction (STEMC) within NSW Transport. It is run by professionals from across NSW Transport and show students real-life examples of the many STEMC work disciplines and projects at Transport, that benefit customers and communities across NSW.

The session included multiple hands-on displays and activities for students to immerse themselves in practical applications of STEMC careers within Transport. Some of the exhibits on display, such as rail virtual reality equipment and drones, were used to show how they are being used on our transport network hands-on mini construction challenges. The students enjoyed the session and broadened their understanding of applications of STEMC in real-life situations.

A group of High Potential and Gifted Year 10 and 11 students participated in a UNSW Science Technology Engineering Mathematics & Medicine (STEMM) Workshop. The workshop aims to connect, educate, and engage future generations with humanitarian engineering and related STEM vocations. The students are provided context for the activity and introduced to activity-related engineering concepts. Afterwards, the students engage in a hands-on activity in groups to solve a problem. The activity is followed by a debrief, where the connection between the activity and events in the real world is discussed. The world is changing. Current jobs are disappearing due to automation and new jobs are emerging every day due to technological advances. The continual advances in technology are changing the way students learn, connect and interact every day. STEM can open doors to a variety of exciting career paths. It also provides students with the foundation to succeed at school and beyond.

Year 12 students have received early offers for courses from various universities and should be commended for this achievement. In the lead up to the HSC examinations, a number of universities are offering free webinars for the preparation of HSC examinations and all year 12 students are encouraged to take advantage of these opportunities to maximise their HSC outcomes. All the best in your HSC Exams Year 12 !

James Chen

Careers Adviser

The SRC team of 2024-2025 began their leadership roles this term. As a new team, our SRC members discovered how to work together, created solutions to school processes, and streamlined communications from the student cohort to the school executives. One of the new initiatives included the introduction of structured meetings every Friday in Break 1. In these meetings, proposals are shared. One of the successful proposals was the introduction of the Student Suggestion Box which is situated at the front office. This idea was strongly supported by our principal, Mr David.

The SRC participated in various whole school and external initiatives this term that not only promoted the school to the wider community, but also strengthened students' connection to school.

In Week 6, the SRC team and Year 11 students assisted with the celebrations during Wear it Purple Day. Our budding leaders established a fun activity area next to the Library to raise awareness about inclusivity and foster a supportive school environment for the diversity within our school. The SRC had great fun leading the face painting, arts and crafts station and sitting together outside on tables to chat and connect with one another. It was a beautiful day and the team thanks Ms McInnes for her wonderful work in supporting the event.

On Saturday 7th of September, JJCMHS hosted a stall at the Bayside Spring Fair to promote our school and connect with the community of Bayside. The JJCMHS School Promotion Stall was coordinated by Ms De Mello, the P&C and Mr Nguyen, and the SRC actively led the stall during the day. The SRC team was pleased to meet so many fantastic members of the community who were inquisitive about our school. The team informed community members about the wonderful projects and educational opportunities offered at JJCMHS. A special shoutout to Alya W (Year 9 SRC member), who attended the event in full school uniform to showcase our designs and represented our school on an exceptional level. The day was a great success and the SRC involvement is to be commended!



On Thursday 12th of September, the SRC promoted 'R U OK? Day' to inspire and empower students to meaningfully connect with the people around them and start a conversation that is supportive of mental health. Various activities were organised in Break 2 for students and staff to participate in, such as the installation of an outdoor R U OK? Mural, a mindfulness zone of colouring in with a film promoting emotional regulation in the Library, and a Ping Pong Table Tennis contest promoting positive physical activity and human connection. The school hosted a yellow themed mufti day to promote the day. It was so pleasing to see many members of our school community attending the day in bright yellow colours to promote the event, and meaningfully checking in with each other to support our school community. The team greatly appreciated the support from Ms McInnes, alongside many staff members such as Ms De Mello, Mr McGuire, Ms Warwick and Ms Welch for their active participation and assistance to make the event run smoothly!

As the term concludes, the SRC team aims to continue to grow their leadership skills into next term and actively make improvements to our school community. We look forward to an exciting Term 4, which includes the induction of the new Year 12 school leaders who will guide the junior SRC students in their leadership journey.

Phil Nguyen

Aboriginal and Torres Strait Islander Activities

This term our Aboriginal and Torres Strait Islander students have been busy connecting with our two in school programs. We welcome back 3 Bridges with their fantastic connection to our local community and South Cares who offer wonderful opportunities and mentorship. Both of these programs provide an important space for our students to authentically connect with their peers and leaders within the community.

Jessica Welch

Learning Hub

We are so lucky to have had a wonderful cohort of students who have been our test class and we have seen some very positive and rewarding changes in students' connection with their learning.

We are focusing on learning in ways that suit individual learners. Special mention to these students for really making huge efforts to change their engagement with school and their class learning. Emily Y, Michael E, Maral T, Romy T and Meleah T. These students and others have made big efforts to connect with their learning in a more sustained manner and have completed some really fantastic work in our class.

Next term we hope to offer a broader range of support across the school, offering more students individual support in and out of class. Overall, a very positive start to our new Learning Hub, with lots of success and engagement.

Jane Healy & Jane Valentine

Vaccinations

Vaccinations are offered to all students in Year 7 to protect them against infectious diseases including human papillomavirus, diphtheria, tetanus and pertussis. The vaccination team from South Eastern Sydney Local Health District were onsite at our school this term and our brave Year 7s had their vaccinations done. Many of our students provided valuable support and kindness to their fellow classmates who were feeling a bit nervous about getting the injection.

Ireine Gunawan-Daly

The Human Society and Its Environment faculty had another enriching term, delving into environmental understanding and future sustainability. Our students have explored a broad range of topics with great engagement.

This term, our junior HSIE students immersed themselves in two captivating areas: Year 8 Geography focused on water scarcity and its global impact, linking it to personal water use, while Year 7 students creatively designed their own castles, gaining insights into Medieval warfare and architecture. It's wonderful to witness such diverse and dynamic learning!

Our Year 9 students embarked on an exciting project to design sustainable cities, fostering critical thinking about urban planning and environmental stewardship. Using both digital tools and traditional methods, their creativity is boundless. The students will showcase their visionary ideas around our school. Meanwhile, Year 10 students refined their digital literacy through innovative presentations on forest management, making connections between the natural world and human interaction. It's wonderful to witness such diverse and dynamic learning experiences!

Year 11 students are diving deep into contemporary issues, focusing on the rights and wellbeing of children and women, with challenging yet vital considerations for our current and future societies. Our students are approaching these topics with maturity and insight and demonstrating their readiness for their final year of study in 2025.

Finally, congratulations to our Year 12 students on the progress you have made with your studies. Your efforts have not gone unnoticed. Keep working consistently to prepare for the final stretch and we wish you the best for your upcoming final HSC Examinations!

“What lies behind us and what lies before us are tiny matters compared to what lies within us.” ~
Ralph Waldo Emerson

Keep up the fantastic work, everyone!

HSIE Faculty

Sport

Tom W Shines This Term

Congratulations to Tom W from Year 10 for representing our school at the NSW Interschool Snowsports Championships! His dedication and hard work truly paid off, despite challenging conditions. Tom achieved an impressive 3rd place in the Cross Country Classic event and 5th place in the Biathlon. He has now qualified for the National Interschools Snowsports Championships in Perisher! Additionally, Tom advanced to the Sydney East Regional Athletics Carnival for javelin, where he placed 7th with a remarkable throw. We are incredibly proud of his achievements!



Year 8 Gala Day Success

Our Year 8 Soccer team had a fantastic Gala Day, winning every game while having a lot of fun! A big thank you to our Year 10 leaders and referees for their support and excellent work.



Stay Active These Holidays!

As the holidays approach, remember to keep a balance between rest and staying active. Take the opportunity to learn a new skill or build and perfect the ones you already have!

Jenna Evans & Matt French
Sports Coordinators

Personal Development, Health and Physical Education in the Classroom

Seniors

As our senior students wrap up their courses, excitement fills the air! We would like to congratulate Year 12 on their efforts across PDHPE & CAFS. We wish you a positive experience in finalising your HSC year and beyond. Study diligently and consistently!

Year 11 are completing their 'Outdoor Recreation' topic before their examinations in Week 9 and 10. This is an exciting time for our senior students all round.

Juniors

Fitting with the Olympic year, Year 10 focused on sporting culture and utilised critical thinking skills around inclusion, performance enhancers and more! Year 9 focused on power in relationships, boundaries and communication. Student choice was at the centre of the task, allowing for a more creative approach to demonstrate their learning.

Year 8 created their own gymnastics routine showcasing their skills and abilities that they have learnt, incorporating skills such as highlight rolls, jumps, balances and partner balances. Year 7 became the CEO and marketing team of their own mental health advocacy organisation, creating a visual demonstration of their understanding of mental health.

PASS

In PASS this term, our Year 10 students are delving into leadership styles, exploring what defines effective leadership and how different approaches can impact a team. Through interactive lessons and discussions, they're gaining valuable insights into what makes a good leader. Meanwhile, Year 9 students are focusing on the principles of effective coaching, preparing for their upcoming assessment where they will coach their peers. This hands-on experience will allow them to apply their learning to real scenarios, enhancing their skills in leadership and coaching.

PDHPE Faculty

Wellbeing

Our school recently hosted several important wellbeing events, all aimed at fostering a supportive and inclusive community.

Bullying No Way Week reminded students of the critical role empathy plays in our interactions. Through discussions and activities, we focused on challenging harmful stereotypes, celebrating diversity, and building positive relationships. Students were also informed about the support systems available within our school community, ensuring that everyone feels safe and valued.



On Friday, 30th August, we celebrated **Wear It Purple Day**, a day dedicated to embracing and promoting diversity. The school came alive with vibrant activities that encouraged inclusivity and respect for all, reinforcing the message that everyone deserves to feel accepted for who they are.



Thursday, 12th September, marked **RUOK? Day**, a day devoted to connecting with one another and emphasising the importance of mental health. The event served as a powerful reminder to look out for those around us and ourselves. The day's activities included a yellow themed mufti day, which

allowed students to express themselves freely, a friendly ping pong match fostering camaraderie, and a collaborative mural symbolising unity and support. Additionally, mindfulness activities were held in the library, offering students a chance to relax and reflect.

These events not only highlighted the importance of wellbeing but also strengthened our school community by promoting kindness, acceptance, and mutual support. We are proud of our students for their active participation and commitment to creating a positive and inclusive environment.

Georgina McInnes

Hospitality

Our year 12 Hospitality students have almost wrapped up their course with great success! This term, they have honed their cookery skills, mastering everything from fundamental techniques to advanced culinary creations. Their hard work in the kitchen culminated in a series of impressive dishes, showcasing their newfound expertise.

Throughout the course, students have gained hands-on experience and developed a deep understanding of food preparation, presentation, and kitchen management. They have also learned essential skills in teamwork, time management, and customer service, preparing them for the dynamic world of hospitality.

With their course almost complete, our students are well-equipped and eager to step into the professional arena. Their dedication and skills have set a strong foundation for successful careers in the culinary field. Congratulations to all our hospitality students — we can't wait to see where your talents take you next!

William Truss

Visual Arts

This term has been an exciting and productive one for the Visual Arts department, with students across all year groups showcasing their creativity and talent.

Year 12 students have been hard at work finalising their HSC Visual Arts Bodies of Work. These creations reflect the dedication and passion of our senior students, and they are now preparing for their upcoming HSC exams. We wish them all the best!

Year 11 has just completed their preliminary course, culminating in the creation of postmodern artworks that explore the concept of appropriation. These thought-provoking pieces highlight the students' growing understanding of contemporary art practices.

Our Year 10 students have made an impressive start on their ceramic busts. The level of craftsmanship and attention to detail shown is truly remarkable, and we can't wait to see the final results. In Photographic and Digital Media, Year 10 students produced engaging music videos, skillfully combining their technical and creative abilities to plan, direct, shoot and edit film clips in a sequence that matches their chosen music.

Year 9 delved into the theme of suburbia, both through their own creative artworks and their study of various artists. Year 8 studied Pop Art, with students enthusiastically engaging with the bold colours and playful imagery of the movement. Meanwhile, Year 7 explored the theme of Australiana through their study of contemporary artist Mulga, producing vibrant and imaginative works.

Art Club continues to be a popular spot for students to explore their artistic passions, running every Thursday afternoon from 3 - 4 pm. This club is free and all students are welcome, but don't forget to return a permission note! Talk to Ms Jessop or Ms McInnes for a note.

Sally Jessop & Georgina McInnes



Our students have been developing their skills and craftsmanship in the workshop, showcasing their creativity through a range of exciting projects. Here's a look at what our Year 7, 8 and 9 students have been making:

Year 7: Building Foundations with Woodwork

Our Year 7 students have been diving into the world of woodworking, and their recent projects were impressive. They've crafted beautiful Wooden Pencil Boxes and Jewellery Boxes, demonstrating their attention to detail and design skills. In addition, the students are currently designing and building Wooden Desk Lamps using recycled materials. By repurposing materials, they've created functional and eco-friendly lighting solutions, showing that good design and environmental responsibility can go hand in hand.

Year 8: Getting Creative with Textiles

Year 8 students have delved into all things sewing. They have crafted felt Packman and Ghost samplers, discovered the art of embroidery and learnt to use a sewing machine! These skills were put to the test with students creating tote bags with decorated pockets. The development of new skills and creativity of the students was fantastic to see and hopefully they will use them for years to come! Additionally, spring has sprung and Year 8 has been working hard to prepare the school vegetable garden for the season's plantings. Keep an eye out for a fresh crop of vegetables.

Year 9: Mastering Craftsmanship

Year 9 students have been busy working on a variety of impressive projects. Their Paper Towel Holders are a perfect blend of functionality and style, ensuring that every kitchen or workspace stays organised and tidy. The students have also taken on the challenge of creating Wooden Mallets, a project that combines craftsmanship with practical utility. Additionally, Year 9 ventured into the art of creating Timber Bowls. These elegant and unique bowls showcase the students' ability to work with timber and turn it into aesthetically pleasing, functional pieces. Each bowl is a testament to their patience and skill, with intricate designs that highlight their craftsmanship.

Year 12 Design and Technology

Year 12 Design and Technology students have just finished their Major Design Projects for their HSC, showcasing their creativity and technical skills as they prepare for their final assessments. Their hard work and dedication over the past year are evident in the innovative and meticulously crafted designs they present.



Performing Arts

Music

Our school has been well represented this term in a wide variety of inter-school events. Bethany R represented the school after being selected to perform with the NSW Senior Singers at the Sydney Opera House as part of the Festival of Choral Music. She was also selected to sing in the core choir at NSW School Spectacular in November! What an achievement.

Congratulations to Azra B in Year 12 who performed a solo at the Sydney Opera House for the Cantabile Music Festival. This is a significant accomplishment as JJ's first ever solo selection for this inter-school music festival. There was an amazing ovation from a sold out concert hall.

Mikayla P represented the school at the annual Showcase at Souths Juniors by singing a solo piece "Mirrors", and what a stunning performance in front of a large crowd. Well done Mikayla.

Our excellent Pasifika Dance group were also at Showcase, performing a Tongan Boys Dance and a Samoan Girls Dance for an enthusiastic crowd. It was excellent that these students took the opportunity to represent the school and their cultures in front of a new audience at a professional venue.

The Year 12 Music 1 class has been working very hard and finished their practical exam on Wednesday September 11th. They also represented the school with a great performance at the Bayside Spring Fair. Congratulations to these great vocalists and musicians!

Meanwhile, in the classrooms of the other year groups, there has been a focus on exploring older styles of music. Year 10 studied Classical Music, while Year 9 completed a unit of music from the Baroque era. There has been excellent progress on learning music notation, music history and instrumental skills.

Year 8 have had loads of fun studying 80's rock and have put together bands as a result of this unit. Their enthusiasm is palpable and they just love to play together!

Good luck to Year 11 Music 1 in the Preliminary HSC Exams!

Thank you to Ms Fitzgerald who has been an excellent addition to the JJ Music team this term. She is completing her final internship with University of Sydney and her teaching and musicianship was outstanding!

Adrian Lim-Klumpes



Mathematics Years 7 - 10

This term, students in Years 7 to 10 have engaged in various mathematical concepts, including algebra, data analysis, financial mathematics, and linear relationships.

Year 7: Focused on algebraic techniques, probability, and data collection. Students simplified expressions, solved equations, and learned probability through experiments like coin flips and dice rolls. They also practiced gathering and interpreting data.

Year 8: Emphasized data analysis and rates/ratios. Students organized and interpreted data using graphical methods and applied rates and ratios to real-life contexts, such as speed and recipes.

Year 9: Expanded on probability, data analysis, and financial mathematics. Students used advanced probability tools, interpreted complex data sets, and learned about financial concepts like interest and budgeting.

Year 10: Explored geometry (area, length, volume), advanced data analysis, and linear relationships. They worked on calculating surface areas and volumes, interpreting data with statistical techniques, and solving linear equations.

Science Years 7 - 10 Physical World

This term, students from Years 7 to 10 have been fully immersed in the wonders of physics, exploring topics ranging from forces and energy to electricity. Through a range of hands-on activities, they have been bringing complex concepts to life in the classroom.

Year 7: Investigated forces such as gravity and magnetism. They created and tested electromagnets using wire, batteries, and nails, discovering how these forces can be harnessed in practical applications.

Year 8: Focused on energy transformations. Students built toy contraptions to demonstrate how energy changes form, such as converting mechanical energy into motion or elastic energy into kinetic energy.

Years 9 & 10: Studied electricity, including its sources and applications. They built and analyzed various circuits to understand electrical systems and their real-world uses.

Years 11 and 12 Mathematics and Science Classes

Students have been spending a lot of time preparing for their final assessment tasks - examinations. Wishing all students the best of wishing in their preparation for their examinations.

Science Week 2024: Exploring Ocean Survival with The Marine Team

This year's Science Week at our school was nothing short of spectacular, with an engaging incursion from Perform Education's The Marine Team. Themed Species Survival: More Than Just Sustainability, students were treated to an interactive and educational performance that brought the wonders of the ocean to life while exploring important environmental topics.

The Marine Team delivered an inspiring presentation that answered some of the most pressing questions about our oceans:

How do oceans impact our planet?

Students learned how the world's oceans play a critical role in regulating climate, producing oxygen, and supporting a diverse range of life. Through fun demonstrations and vibrant visuals, it became clear that oceans are truly the lifeblood of our planet.

What is ocean sustainability?

The performance delved into the concept of sustainability, highlighting the importance of preserving marine ecosystems for future generations. Students explored the balance between using ocean resources and ensuring their long-term health.

What are the solutions that generate healthy oceans?

The Marine Team showcased innovative solutions like marine protected areas, sustainable fishing practices, and reducing pollution. They stressed that small changes in behaviour can collectively lead to big improvements in ocean health.

How can YOU help ensure species survival in an ever-changing world?

The session empowered students to think about their role in protecting the environment. From reducing plastic waste to supporting sustainable seafood, each individual was encouraged to take action in safeguarding marine life and its habitat.

With a perfect mix of education and entertainment, The Marine Team left students both informed and inspired. Science Week 2024 proved to be an unforgettable experience, reminding us all that the survival of species goes beyond sustainability - it requires proactive efforts to ensure the health and vitality of our oceans and the planet.

We hope this incursion will inspire lasting change as we all do our part to protect the rich biodiversity of our world's oceans!

Science and Mathematics Faculty

Support Unit

SU3's Imaginative STEAM Project-Based Learning: A Creative Journey through Trigonometry

This term, the SU3 class in our Support Unit embarked on an exciting STEAM project with Ms Cruz. What began as a mathematical exploration quickly evolved into a showcase of creativity and imagination, capturing the enthusiasm of every student involved.

Project Overview: From Canteen to Creativity

The primary focus of the project was to apply trigonometric principles to a real-world challenge: redesigning the canteen area. The main non-negotiable was the canteen building and cover, which students had to accurately measure and then scale down for their models. This exercise in precision and mathematical application was just the beginning. As the students dove into the project, their imaginations took over. What started with calculating angles and distances soon expanded into the creation of an entire imaginative landscape. Students envisioned and designed a range of creative spaces, including tree houses, pools, car racing tracks, and more. The canteen area became the anchor for a vibrant world of possibilities, all grounded in the mathematical skills they were developing.

Hands-On Learning: Measurements and Models

The project required students to take measurements from the actual space, bringing a tangible, real-world element to their learning. These measurements were then used to create scaled models, allowing students to see the direct application of their trigonometry lessons. The hands-on approach not only solidified their understanding of mathematical concepts but also empowered them to bring their unique ideas to life.

Celebrating Imagination and Innovation

What made this project truly special was the way it evolved beyond the original scope. The students' imaginative designs showcased their ability to think creatively while applying their mathematical knowledge in innovative ways. The tree houses, pools, and racing tracks are just a few examples of the extraordinary ideas that emerged, each one reflecting the individual creativity of the students. The success of this project has inspired us to continue exploring the intersection of STEAM disciplines in future units. By blending rigorous academic content with opportunities for creative expression, we're helping our students not only learn but also discover new passions and skills.

The SU3 class has set a high bar with their trigonometry-based designs, and we can't wait to see where their imaginations will take them next. Stay tuned for more updates on the incredible work happening in our Support Unit!

Marisa Cruz

Return and Earn

Exciting news for our school community! This year, we've proudly joined the 'Return and Earn' scheme, an initiative designed to encourage recycling and environmental stewardship. Students are placing their 10 cent eligible cans, bottles and juice boxes in one of our many return and earn garbage bins placed around the school. This has helped us to reduce waste and earn funds for our school projects. It's a fantastic way to contribute to a greener planet while supporting our school's goals. Together, we can make a difference - one bottle at a time!

Jackie Blum



This term has been marked by a dynamic range of activities and learning experiences that showcase the creativity and enthusiasm of both our students and teachers.

Year 7: 'Acting Out' with Drama

Our Year 7 English students have been diving into the fascinating world of drama through the module 'Acting Out.' They've explored the features of drama texts with a focus on two engaging plays: Super Sunshine Girl and Lockie Leonard, Human Torpedo. In addition to their literary studies, students have participated in a variety of drama games and activities designed to bring the texts to life and develop their understanding of dramatic techniques.

Year 8: From Poetry to Adversity in Literature

In Year 8 English, students immersed themselves in the module 'Representations of Australia,' which involved a rich study of poetry and popular culture texts. They've honed their annotation skills and analytical writing abilities, exploring how different texts portray Australian identity and experiences. Moving forward, Year 8 embarked on a new unit of study titled 'Against The Odds,' where they investigate how literature depicts individuals' struggles and triumphs over adversity. This new module promises to be both challenging and rewarding as students analyse texts that showcase resilience and determination.

Year 9: Uncovering Aboriginal Perspectives with Ghost Bird

Year 9 English students were deeply engaged with the module 'Aboriginal Perspectives of Australia.' The highlight of this study was the gripping novel Ghost Bird, which captivated students with its compelling narrative and intricate plot. As they read, students have been working on developing their skills in composing extended analytical essays, exploring how the novel presents Aboriginal perspectives and experiences. The enthusiasm for the book was palpable, with many students finding it hard to put down as the story unfolded.

Year 10: Exploring Novels and Broadening Horizons

Year 10 students kicked off the term with a collective reading experience, enjoying novels such as A Monster Calls, Of Mice and Men, and The Boy in the Striped Pyjamas. This shared reading journey fostered lively discussions and deepened their appreciation for different storytelling styles and themes. Additionally, Year 10S have embarked on a personal wide reading project, selecting novels of their choice and crafting thoughtful book reviews. This initiative encouraged independent reading and critical reflection, allowing students to engage with literature on a more personal level.

Year 11: Preparing for the Preliminary HSC

Term 3 saw Year 11 students wrapping up their Preliminary HSC courses as they prepare for their yearly examinations. This period is crucial as students consolidate their knowledge and review key concepts in anticipation of their final exams. Our faculty is confident in their ability to succeed and encourages them to stay focused and dedicated during this critical time.

Year 12: Final Steps Before the HSC

For our Year 12 students, this term marked the completion of their final English lessons of their high school career. They have worked diligently to make the most of their learning opportunities and prepared thoroughly for their HSC exams. As they enter this final stretch, we remind students to keep working hard and stay motivated. The effort they put in now will be rewarded when they receive their results at the end of the year. The English, Drama, and Languages faculty wish you all the best in your future endeavours.

English Faculty

Public Speaking Competition

Year 7 student, Jack S, proudly represented JJ Cahill Memorial High School in the annual Metropolitan South and Metropolitan South and West Public Speaking Competition on Friday, 20th of September. He delivered an outstanding speech on the topic of Sustainability, competing against four other students from across the district. Jack captivated the audience, as he passionately outlined the importance of environmental conservation and individual responsibility towards sustainability. His thorough research, clear arguments, and confident delivery left a lasting impression on the judges. In the impromptu round, Jack demonstrated quick thinking and composure, tackling a surprise topic on "If I had a wish" with poise and creativity. He handled both challenges with maturity and enthusiasm, earning commendation for his outstanding performance. We are incredibly proud of Jack's dedication and his excellent representation of our school.



Erin Parker

Days missed = years lost

A day here and there doesn't seem like much, but...



More information

Further Information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's Policy Library AND The Department's Attendance Matters Website

The school leaving age:

Please visit the Department of Education's Wellbeing and Learning website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on **131 450**. You will not be charged for this service.



PROGRAMS



**LOWER
PRIMARY**
(5-7 years)








**UPPER
PRIMARY**
(8-11 years)



SECONDARY
(12-17 years)

Sessions include:




-  A behind-the-scenes tour of our shelters.
-  Fun and interactive animal focused activities.
-  Get hands on making enrichment toys.
-  Meet-and-Greet sessions with shelter animals.
-  Learn how to be an animal advocate in your community.

 **Sydney Education and Adoption Centre**
201 Rookwood Road, Yagoona NSW 2199

SCAN ME



RSPCA NSW Education Team

 02 9782 4478  education@rspcansw.org.au
 <https://events.humanitix.com/host/rspca-nsw>

BELL TIMES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY A	FRIDAY B
ROLL CALL	8:50	8:50	8:50	8:50	8:50 YEAR MEETING	8:50
PERIOD 1	9-10	9-10	9-10	9-10	9:20-10:15	9-10
PERIOD 2	10-11	10-11	10-11	10-11	10:15-11:10	10-11
BREAK 1	11-11:30	11-11:30	11-11:30	11-11:30	11:10-11:40	11-11:30
PERIOD 3	ASSEMBLY 11:30-11:40	11:30-12:30	11:30-12:30	11:30-12:30	11:40-12:35	11:30-12:30
PERIOD 4	11:40-12:40	12:30-1:30	12:30-1	12:30-1:30	12:35-1:30	12:30-1:30
BREAK 2	12:40-1:10	1:30-2	1-1:30	1:30-2	1:30-2	1:30-2
PERIOD 5	1:10-2:10	2-3	1:30-3	2-3	2-3	2-3